

# Indian River County Venue Event Calendar – January 17 – February 28, 2023 For more www.icgov.com

# \*\*\*NEW\*\*\* FAMILY STORYTIME INDIAN RIVER COUNTY LIBRARY

Wednesdays @ iG Center starting January 11

- 10am-11am. Free
  - Indian River County Library initiative that brings storytime, songs, crafts and more for the whole family.
  - ➤ Registration not required. Call 772-400-6318 for more information.

#### UNDER THE LIGHTS CLAY SHOOTING

Thursdays @ IRC Shooting Range

- 5pm-9pm. Cost \$8 per round per person.
  - > We light up the fields for a fun skeet-trap night activity.
  - ➤ No registration required. For more information call 772-226-3096.

# GO EXPLORE IRC HIKING CHALLENGE!

Ends Jan 31. Free

- > Download Outerspatial App on your phone to participate in this free hiking challenge.
- > Complete the challenge by hiking select conservation areas or join scheduled guided hikes.
- ➤ More information call 772-226-1780 or go to <u>ircgov.com/Conservation</u>

#### LIFEGUARD CERTIFICATION COURSE

Jan 21 – 22 @ Gifford Aquatic Center and North County Aquatic Center

- 9am-5pm. Cost \$250 per person.
  - ➤ Become a certified lifeguard covering topics including CPR, AED, First Aid, and Emergency Oxygen.
  - Call 772-226-1752 to schedule your pre-test or go to ircgov.com/parksandrecreation

# PICKLEBALL FOR TEENS OPEN GYM

Jan 21, 28 @ iG Center

- 5pm-8pm. Free
  - This new open gym activity is open to teens only. Community sponsors are generously underwriting the open gym fee for each participant. Come for a fun night to learn and play pickleball. Equipment provided.
  - Call 772-226-1780 for more information or register online at ircgov.com/parksandrecreation

#### **IRC STEEL CHALLENGE**

Last Friday of every month @ IRC Shooting Range

- 9am. Cost \$21.40 includes standard pistol and rifle ranges.
  - Allows shooters to test their abilities on steel targets and practice their magazine reloads in the process.
  - ➤ No registration required. For more information call 772-226-3096.

#### RIMFIRE CHALLENGE

Last Saturday of every month @ IRC Shooting Range

- 9am. Cost \$12.60 standard range fee.
  - > Open to all levels of shooting enthusiasts. It can be for fun, personal improvement or in preparation for a competition.
  - ➤ No registration required. For more information call 772-226-3096.

## **VERO BEACH EXTRAGANZA**

Jan 27-29 @ IRC Fairgrounds

- Friday 27<sup>th</sup> 12pm-5pm, Saturday 28<sup>th</sup> 9am-5pm, Sunday 29<sup>th</sup> 9am-4pm. Admission \$10 per person.
  - ➤ Well known antique show with over 300 dealers ready to show their amazing jewel treasures.
  - For more information call 941-697-7475 or go to floridaantiqueshows.com

# **BABYSITTING CERTIFICATION COURSE**

Jan 28 – 30 @ Gifford Aquatic Center

- 9pm-2pm. Cost \$50 per person.
  - > Become a certified Babysitter or improve your babysitting skills.
  - ➤ More information call 772-226-1174.

#### GRAND OPENING & RIBBON CUTTING OF THE OYSTER BAR MARSH CONSERVATION AREA

Feb 1@ Oyster Bar Marsh Conservation Area

- 10:00 am 11:30 am. Free
  - Opening to the public in conjunction with Indian River Land Trust.
  - Call 882-226-1780 for more or go to www.ircgov.com/conservation

# 2<sup>nd</sup> ANNUAL FAMILY FUNFEST

Feb 4 @ iG Center

- 10am-2pm. Free
  - Free bounce houses, food trucks, games, prizes, live music and more.
  - ➤ More information call 772-226-1780.

# **VERO BEACH QUILT SHOW – FORMERLY SUNBONNET SUE QUILTING GUILD**

Feb 10 -11 @ IRC Fairgrounds

- 10am 5pm. Admission \$10 per person.
  - Over 100 quilts and art vendors.
  - This year the Charity Quilt is a wool wall hanging called Potted Petals at \$1 a chance.
  - For more information email vbqs22@gmail.com or call 303-506-0456.

# **TROPICAL TEA**

Feb 12 @ Main Library

- 2pm 3pm. Free
  - Travel back to 1913 with your hostess as she regales you with stories about her life during the turn of the 20<sup>th</sup> Century.
  - Wear your best Victorian and Edwardian inspired outfits and hats!
  - ➤ Refreshments provided. For more information call 772-400-6310.

## **HANDS ONLY CPR**

Feb 12 @ Gifford Aquatic Center and North County Aquatic Center

- 12pm, Gifford Aquatic Center & 3:30 pm North County Aquatic Center.
  - ➤ How to perform the chest compression portion of CPR and basic understanding of cardiac arrest and heart attacks.
  - ➤ Call 772-226-1174 for more information or go to ircgov.com/parksandrecreation

# **EMERGENCY MEDICAL RESPONDER CERTIFICATION COURSE**

- Feb 13, 14, 21, 27, 28 @ Gifford Aquatic Center
  - American Red Cross basic certification that teaches individuals how to respond and care for people during emergency situations.
  - ➤ Call 772-226-1174 for more information or go to ircgov.com/parksandrecreation

# **AQUAFIT**

- Tues, Wed, Thurs @ North County Aquatic Center
  - Through low impact and high resistance power of the water, participants will improve cardiovascular capabilities, muscle tone, increase balance and improve general health.
  - > Flotation belts and water barbells are available at no charge.
  - Call 772-226-1174 for more information.

## **TINY ART SHOW**

Feb 13 – Mar 13 @ Brackett Library

- 9am 5pm. Free
  - Connect with your inner artist.
  - Kits include a mini canvas, paints and brush. Art will be displayed at the Library.
  - Call 772-400-6585 for more information.

# **GALENTINE'S TEA PARTY**

Feb 14 @ Brackett Library

- 2pm 3pm. Free
  - > Join is for tea, snacks and fun party tea games. Registration is required.
  - > Call 772-400-6585 for more information.

#### **AUTHOR TALK WITH JANIS ROBINSON DALY**

Feb 22 @ Main Library

- 3pm 4pm. Free
  - ➤ Join us in conversation with author Janet Robinson Daly as she recounts women in history whose stories need to be discovered.
  - > Call 772-400-6335 for more information.

#### COMMUNITY DRUM CIRCLE WITH TREASURE COAST PERCUSSION

Feb 22 @ Brackett Library

- 6pm 7pm. Free
  - No experience needed. All ages welcome. Drums will be provided or bring your own.
  - > Call 772-400-6585 for more information.

#### THUNDER ON THE BEACH POW WOW

Feb 18 -19 @ IRC Fairgrounds

- 10am 4pm Admission \$10 adults, \$5 children
  - ➤ Top quality vendors, tipi display, flute music, Native American food, Intertribal dancing, dance seminar, storytelling & more.
  - ➤ Call 772-519-7888 for more information.

# DADDY DAUGTHER DANCE, A RED CARPET AFFAIR

Feb 25 @ iG Center

- 6pm 8:30pm. Cost \$41.80 per couple + \$10.73 additional daughters.
  - > A memorable evening for Dad & Daughter.
  - Entry fee includes photo booth, dinner, games and more.
  - Call 772-226-1780 for more information or register online at ircgov.com/parksandrecreation

# **BLUES & BBQ FESTIVAL**

Feb 25 – 26 @ IRC Fairgrounds

- 11am-10pm Saturday, 11am-6pm Sunday. Admission \$5 per person.
  - > A music festival for nothing but the Blues & Celebration of the Spirit.
  - Over 180 marketplace vendors, amazing food and cocktails.
  - > Call 772-492-6105 for more information.

#### **SWEAT & SWAGGER**

Wednesdays, @ IG Center

- 6pm-7pm. Cost \$10 per person.
  - ➤ Welcome to our brand-new heart pumping, beat dropping, cardio dance workout that will bring out your inner awesomeness while burning calories!
  - ➤ Call 772-226-1780 for more information or register at ircgov.com/parksandrecreation

### **PRE-SCHOOL TUMBLING**

Fridays @ iG Center

- 10:15am, 1pm and 4pm. Cost \$3 per session.
  - Preschool tumbling is a great start for ages 4-5. In this program children ages 4-5 are taught basic tumbling skills such as forwards/backwards rolls, handstands, and cartwheels.
  - Children will improve self-confidence, basic skills, strength, flexibility and balance. Spaces are limited sign up quickly!
  - ➤ Call 772-226-1780 for more information or register online at <u>ircgov.com/parksandrecreation</u>

# **OPEN PLAY PICKLEBALL**

Mon, Wed, Fri @ iG Center

- 9am 12pm and 12:30pm 3:30pm. Cost \$3 per person.
  - Pickleball is played in the gymnasium (6 courts) as either singles or doubles with a paddle and a plastic whiffle ball. Please bring your own equipment.
  - ➤ Call 772-226-1780 for more information or register online at <u>ircgov.com/parksandrecreation</u>

## **OPEN GYM BASKETBALL**

Tues, Thurs @iG Center

- 9am 2pm. Cost \$6 per person.
  - Unstructured activity time where the gymnasium is available to adults (18 and over) to practice skills, shoot hoops, and play pick-up games.
  - Call 772-226-1780 for more information or register online at <u>ircgov.com/parksandrecreation</u>

# **MAT PILATES**

Tues, Thurs @ iG Center

- 9:15am 10:15am. Cost \$12 per person.
  - Designed for exercises using special equipment that is specially designed to improve strength, flexibility, posture and enhance mental awareness.
  - ➤ Please bring your own mat. Walk-ins welcome. Call 772-226-1780 for more information or register online at www.ircgov.com/parksandrecreation

# **STRETCH & FLEX**

Tues, Thurs @ iG Center

- 9:30am 10:30am. Cost \$5 per person.
  - > Great cardiovascular workout set to music. Helps build endurance and strengthen the heart.
  - ➤ Walk-ins welcome. Call 772-226-1780 for more information or register online ircgov.com/parksandrecreation

# **YOGA LATES**

Tues, Thurs @iG Center

- 10:30am 11:30am. Cost \$5 per person.
  - Mix between Yoga and Pilates.
  - ➤ Walk-ins welcome. Call 772-226-1780 for more information or register online at ircgov.com/parksandrecreation

# **GENTLE CHAIR YOGA**

Tues, Thurs @iG Center

- 12:00pm 1pm. Cost \$5 per person.
  - > Designed to improve flexibility and strengthen muscles while using a chair for support.
  - ➤ Walk-ins welcome. Call 772-226-1780 for more information or register online at <a href="ircgov.com/parksandrecreation">ircgov.com/parksandrecreation</a>

#### **ZUMBA**

Mon, Thurs @ iG Center

- Mon 9am-10am, Thurs 6pm-7pm. Cost \$10 per person.
  - Fitness activity that involves cardio and Latin inspired dancing.
  - ➤ Boost your hearts health. You not only get aerobic benefits but you also get anaerobic benefits that help you maintain a good cardiovascular respiratory system.
  - Call 772-226-1780 for more information or register online at www.ircgov.com/parksandrecreation

# **SHINE DANCE WITH CRYSTAL**

Mon, Sat @ iG Center

- Mon 6pm-7pm, Sat 9:30am 10:30am. Cost \$10 per person.
  - > SHINE is a full body cardio and toning workout based in traditional jazz, ballet and hip-hop.
  - Get ready to sweat, smile, shimmy and shake your worries away.
    Walk-ins welcome. Call 772-226-1780 for more information or register online at ircgov.com/parksandrecreation

#### SENIOR WELLNESS PROGRAM WITH SANDY

Mon, Wed, Fri @ iG Center

- 10am 12pm. Free
  - Special programming for our 55+ community to have social interaction and light activity. Activities can be adapted to ability levels and interests. Walk-ins welcome. Call 772-226-1780 for more information or register online at <a href="ircgov.com/parksandrecreation">ircgov.com/parksandrecreation</a>

#### **SENIOR WELLNESS – DANCING TO MUSIC**

Thurs @ iG Center

- 10am 12pm. Free
  - ➤ Similar to our regular Senior Wellness Program for 55 and over but with fun dancing music to spice it up a notch.
  - ➤ Walk-ins welcome. Call 772-226-1780 for more information or register online at ircgov.com/parksandrecreation

# **UP BEAT BOXING**

Tues, Thurs @ iG Center

- 3pm 4pm. Free
  - ➤ Boxing fitness class geared for ages 55 and over. Held twice a week to get you Out, Active and UP-BEAT!
  - ➤ Walk-ins welcome. Call 772-226-1780 for more information or register online at <a href="ircgov.com/parksandrecreation">ircgov.com/parksandrecreation</a>

# **COLORING & COFFEE**

Tues @ iG Center

- 9am 10am. Cost \$1 per person.
  - Looking for a way to unwind and reduce stress? Join us for a morning of relaxation through coloring. Materials provided.
  - ➤ Call 772-226-1780 for more information or register online at <u>ircgov.com/parksandrecreation</u>

#### **AMERICAN MAH JONGG**

Jan 19, 26 @ iG Center

- 10am 12pm. Cost \$75 for 4 classes.
  - Instructor Carol Dougherty will take students on a four-week journey through the world of American Mahjongg. This class is intended for brand new players that would like to learn the game and would like an experienced instructor to guide you to success.
  - American mahjong is played with four players using Mah Jongg tiles. The goal of the game is to be the first, by picking and discarding, to match one's tiles to a specific hand from the annually distributed scorecard published by the National Mah Jongg League (NMJL). Experienced Mah Jongg players are welcome to attend Tuesdays 10am-1pm and Thursdays 1pm-3pm @ IG \$2 per session.
  - ➤ Pre-registration is required. Call 772-226-1780 for more information or register online ircgov.com/parksandrecreation