

Indian River County Venue Event Calendar – May 2024

For more <u>www.indianriver.gov</u>

ECO DISCOVERY SCAVENGER HUNT

May 1-24 @ OuterSpatial App - Conservation Lands

- FREE!
 - ➤ All ages welcome.
 - ➤ Celebrate National Scavenger Hunt Day by completing our OuterSpatial scavenger hunt! Participants will explore conservation sites to find the unique plants and structures that make Indian River County special. Complete all the tasks in this challenge, and you will be entered into a drawing to be a "Biologist for a Day"! The winner will ride along with Conservation Lands Division staff, on the day of the winner's choosing, to learn firsthand the roll a biologist plays in the conservation of Florida's unique habitats. This event is open to all! Please note if the winner is under 18, a parent/guardian will be required to accompany the minor.
 - OuterSpatial is a free app for Google or Apple Devices the app is free to download and use!
 - For more information contact Olivia at 772-226-1712 or visit IndianRiver.gov/Conservation.

MARINE FLEA MARKET AND SEAFOOD FESTIVAL

Saturday & Sunday, May 4 & 5 @ IRC Fairgrounds

- 9:00am-5:00pm. Cost \$10.
 - Treasure Coasts Largest Marine Event of this type! New and Used Boats, Seminars, Seafood, Bargains and Nautical Fun!
 - > For more information visit www.flnauticalfleamarket.com.

ADULT COMPUTER CLASSES

Mondays, May 6, 13 & 20 @ Main Library

- 10:00am. Free!
 - > Ages 18 & older.
 - Free beginner computer classes for adults. It is recommended to attend all the classes in the series. May 6 is computer basics; May 13 is Internet basics; May 20 is email basics.
 - > Space is limited. Registration is required. Call Karrie at 772-400-6310.

JEOPARDY-LIBRARY EDITION

Monday, May 6 @ North County Library

- 6:00pm. Free!
 - > Ages 18 & older.
 - Think you know books? Think you know the library? Test your knowledge with Jeopardy, Library Edition.
 - Registration is recommended. Contact Katherine at 772-400-6360 or kanderson@indianriver.gov.

COMMUNITY DRUM CIRCLE

Wednesday, May 8 @ Bracket Library

- 6:00pm-7:00pm. Free!
 - All ages welcome.
 - > Join us for a free community drum circle. No experience is necessary. Drums will be provided or bring your own.
 - For more information contact Hollie at 772-400-6366 or hmcdougall@indianriver.org.

SINGING BOWLS

Thursday, May 9 @ iG Center

- 7:00pm. Cost \$25.
 - ➤ Relax, meditate, unwind, and reduce stress while feeling the healing sounds of Tibetan Singing Bowls. Sit or bring your mat, pillow, or blanket while experiencing the energy of soothing vibrations.
 - For more information call 772-226-1780 or register online at IndianRiver.gov/ParksandRecreation.

SEA TURTLE SURVIVAL LECTURE WITH COASTAL CONNECTIONS, INC.

Friday, May 10 @ Bracket Library

- 10:00am. Free!
 - > Ages 18 & older.
 - ➤ Coastal Connections, Inc. will present a short lecture about sea turtle survival. Participants are invited to participate in the sea turtle conservation success story by assembling turtle-safe light test kits for their educational outreach programs.
 - ➤ No registration is required. For more information contact Hollie McDougall at 772-400-6366 or hmcdougall@indianriver.gov.

ECOFIT: FULL BODY WORKOUT AT JONES' PIER

Friday, May 10 @ Jones Pier Conservation Area

- 9:00am-10:00am. FREE!
 - Ages 5 & older.
 - ➤ Join the Parks, Recreation, and Conservation Department for a special full-body workout at Jones' Pier Conservation Area, 7770 Jungle Trail. Following the exercise class there will be a short interpretive walk around the saltmarsh habitat. Weights will be provided for the duration of the class. Please bring ample drinking water. The class is open for all levels; beginners welcome!
 - For more information contact Olivia at 772-226-1712 or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

HOT TUB AND SWIMSPA EXPO

Friday, Saturday & Sunday, May 10-12 @ IRC Fairgrounds

- Friday, 2:00pm-8:00pm. FREE!
- Saturday, 10:00am-8:00pm.
- Sunday, 10:00am-5:00pm.
 - Everything you need to know about Hot Tubs and Swim Spas all in one place! For more information contact larry@southeastspas.com.

DIY NAIL ART

Tuesday, May 14 @ Brackett Library

- 5:00pm. Free!
 - > Ages 12-18.
 - Dive into a world of vibrant colors. Feel free to bring your own supplies, use ours, or mix the two! It's more than just nail art; it's a chance to decompress, connect, and unleash your inner artist. NO registration required!
 - For more information contact Gi at (772) 400-6308 or glee@indianriver.gov.

ASTRONOMY NIGHT HIKE

Tuesday, May 14 @ Hallstrom Farmstead Conservation Area

- 9:00pm-10:00pm. FREE!
 - Ages 7 & older.
 - Turn your eyes to the night sky with Dr. Jon Bell, Professor of Astronomy at IRSC and Planetarium Director. This guided night hike at Hallstrom Farmstead Conservation Area will take place in the open canopy of restored Florida Scrub habitat. Participants will gaze at the stars and planets as we learn about these celestial wonders and the history of Hallstrom Farmstead.
 - For more information contact Olivia at 772-226-1712 or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

AUTHOR TALK WITH LARRY LAWSON

Wednesday, May 15 @ North County Library

- 6:00pm. Free!
 - Ages 18 & older.
 - Larry Lawson, founder of Indian River Hauntings, will be speaking at the North IRC Library about his recently published book "Haunted Indian River County". No registration required to attend.
 - For more information contact Katherine at 772-400-6360 or kanderson@indianriver.gov.

ANIME FILM CLUB

Friday, May 17 @ North County Library

- 3:30pm. Free!
 - Ages 12-18.
 - Calling all TEEN anime fans! Do you love vibrant animation, epic storylines, and lovable (or maybe not-so-lovable) characters? Then join our awesome anime film club! Explore all genres, from action-packed shounen to heart-wrenching dramas, and everything in between. Monthly screenings, snacks and good vibes. Make new friends, meet new people and enjoy anime.
 - For more information contact Gi @ 772-400-6308 or glee@indianriver.gov.

VERO BEACH HOME AND OUTDOOR LIVING SHOW

Friday, Saturday & Sunday, May 17-19 @ IRC Fairgrounds

- Friday, 12:00pm-6:00pm. FREE!
- Saturday, 10:00am-6:00pm. FREE!
- Sunday, 10:00am-5:00pm. FREE!
 - ➤ All ages welcome!

> Join us for the ultimate home renovation and outdoor living expo. Family friendly, free admission and free parking!

WORLD BEE DAY: BEE-UTIFICATION

Monday, May 20 @ Oyster Bar Marsh

- 9:00am-11:00am. FREE!
 - Ages 5 & older.
 - Buzz on by Oyster Bar Marsh and celebrate World Bee Day by joining the Conservation Lands Division to help maintain a pollinator garden! Volunteers will meet staff at Oyster Bar Marsh Conservation Area to further habitat restoration with a site beautification. The event will include a walking tour of the pollinator garden and an introduction to Florida bees. Gloves will be provided for volunteers, please bring ample drinking water.
 - For more information contact Olivia at 772-226-1712 or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

LITTLE HATCHLINGS: WORLD TURTLE DAY

Thursday, May 23 @ Hallstrom Farmstead Conservation Area

- 10:00am-11:00am. FREE!
 - ➤ All ages welcome!
 - Pring your little hatchlings and shell-ibrate world Turtle Day at Hallstrom Farmstead Conservation Area. Conservation Lands Division staff will lead children as they learn about the turtle-y awesome adaptations of these reptiles, and why they are so important to maintain biodiversity and sustainable habitat in Indian River County. There will be a story time, turtle craft activity, and kids will see a real gopher tortoise burrow. This event is open to anyone but is geared towards preschool and elementary age children and their parents. *Please note this program will not involve handling live animals.
 - For more information contact Olivia at 772-226-1712 or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

ARCHERY 101

Sunday, May 26 @ IRC Public Shooting Range

- 9:00am-11:00am. Cost \$60.
 - Ages 12 & older.
 - This 2-hour course for beginners is an introduction to the lifelong sport of Archery. The course provides an overview of the sport of archery, covering both its history and the different types of equipment involved. It places a strong emphasis on safety rules and shooting discipline while also teaching basic shooting techniques including stance, nocking, drawing, and releasing. The class is hands-on offering participant's practical experience with stationary targets. The session is led by a Certified USA Archery Instructor.
 - ➤ Go to IndianRiver.gov/Range to register or call 772-226-3096.

HANDGUN 101

Sunday, May 26 @ IRC Public Shooting Range

- 9:00am-2:00pm. Cost \$100.
 - A complete guide to understanding the basics of firearm ownership, safety, nomenclature and how it applies to self-defense. This course is taught by an NRA Certified Instructor. Upon

- successful completion participants will receive a certificate that may be submitted to the State of Florida as proof of training if applying for a CCWP.
- ➤ Go to IndianRiver.gov/Range to register or call 772-226-3096.

NATIONAL ALLIGATOR DAY: GATOR TALES

Wednesday, May 29 @ North Sebastian Conservation Area (Gibson St. Entrance)

- 9:00am-10:00am. FREE!
 - > Ages 5 & older.
 - Take a bite out of the mystery of alligators! These prehistoric reptiles play a critical role but are often misunderstood in Florida habitats. Join Conservation staff during this guided hike to explore how this once protected species made a dramatic and important recovery. *Please note that if a viewing opportunity presents itself, participants will observe the animal from a safe distance. This program does not involve interacting with a live animal.
 - For more information contact Olivia at 772-226-1712 or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

SUMMER SPLASH-IN MOVIE NIGHT

Friday, May 31 @ North County Aquatic Center

- 6:30pm. Regular priced admission applies.
 - ➤ All ages are welcome.
 - > Splash-in to summer with an aquatic showing of The Secret Life of Pets. Gates open at 6:30pm and the movie begins at 7:00pm.
 - For more information call 772-226-1752.

VERO BEACH SUMMER PICKLEBALL CLASSIC

Saturday, June 8 @ iG Center

- 8:30am. Cost \$25 per person.
 - > Ages 16 & older.
 - The Vero Beach Summer Pickleball Classic tournament is BACK! This 3-game guarantee mixed doubles tournament is open to all players 16 & older. Whether you're a seasoned pro or a beginner, this tournament is going to be a big dill! There will be plenty of games to watch and exciting matches to play. All participants receive a tournament shirt and a chance to win great prizes! Will you be crowned the next king or queen of the court?
 - Contact us at 772-226-1780 for more information or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

ADULT PICKLEBALL LEAGUES

June 10-Sep 9 @ Dick Bird Park

- 6:30pm. Cost \$60 per team.
 - > Ages 18 & older.
 - ➤ Calling all pickleballers! It's time to register for one of these fun Adult Pickleball Leagues; Monday Women's, Tuesday Men's, or Wednesday Mixed Doubles. The 10-week season will include 1 game per night and a season ending playoff tournament. Games will begin at 6:30 pm. Registration ends 6/2.
 - ➤ Contact us at 772-226-1780 for more information or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

ADULT SOFTBALL LEAGUES

June 10-August 28 @ Dick Bird Park

- Evenings. Cost \$500 per team.
 - > Ages 18 & older.
 - These recreational Adult Softball Leagues (Monday Men's, Tuesday Coed, and Wednesday Men's) offer adult players the opportunity to get together for some friendly competition. The season will include 16 games and an end of season tournament. Each team will play 2 games per night. Teams must have a minimum of 10 players. Game times are 6:30 pm, 7:30 pm or 8:30pm. Registration ends 6/4.
 - Contact us at 772-226-1780 for more information or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

YOUTH PICKLEBALL CAMP

Monday-Friday, June 10-14 @ Dick Bird Park

- 8:30am-10:30am. Cost \$50.
 - ➤ Ages 8-12.
 - Looking for something fun to do this summer? This fun game with a sweet and sour name is an exciting introduction to pickleball for kids who love being active and trying new things. Campers will be taught fundamentals in a friendly and supportive environment to work on learning or improving their skills.
 - Contact us at 772-226-1780 for more information or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

SUMMER SPORTS CAMP

Monday-Friday, June 17-21 @ iG Center

- 9:00am-12:00pm. Cost \$75 week or \$20 per day.
 - ➤ Ages 6-12.
 - ➤ Join us for a jam-packed week full of Summer Camp fun! Each day at this camp we will be playing different sports. We will introduce the fundamentals of each game, teach the campers skills they can bring home with them, and give everyone a chance to practice and apply their skills. Be ready to participate in plenty of friendly competitions and bring a snack for our midday break! Space is limited.
 - Contact us at 772-226-1780 for more information or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

YOUTH BASKETBALL LEAGUES

Saturday, June 24-August 10 @ iG Center

- Mornings/Afternoons. Cost \$45.
 - Ages 4-15.
 - These Coed Youth Basketball Leagues are designed to teach the fundamentals of basketball, teamwork, and good sportsmanship in a fun and encouraging environment. Teams will have volunteer coaches who will coordinate practices; residency location will be considered when forming teams. Tiny Tot teams are coached by Recreation staff and parents of players. Games will be played at various locations throughout the county including the iG Center, IRC Fairgrounds,

- Sebastian River Middle School, and Sebastian River High School Gymnasiums. All players receive a jersey and a season ending medal. Registration ends May 31.
- ➤ Contact us at 772-226-1780 for more information or register online at IndianRiver.gov/ParksandRecreation by clicking the green GO! button.

MAIN, NORTH, & BRACKETT LIBRARY SUMMER PROGRAMMING

June & July 2024

- FREE!
 - Kids and teens!
 - Stay tuned to social media, our website and visit the branches often for information about summer kids and teens summer programming. For more information contact Ms. Patti at pfuchs@indianriver.gov.

100 MILE SWIMCLUB

Daily @ North County and Gifford Aquatic Centers

- ➤ All ages are welcome.
- ➤ Get started by setting a personal goal, whether you want to swim 5 miles or 500. Sign up all year long by visiting our aquatics desk. Annual membership \$10.00 for local tracking, (laps swam at North County or Gifford Aquatics pool) or 15.00 for Global tracking, (laps swam anywhere) valid January-December.
- All participants reaching the 100 miles will receive a yearly certificate indicating the total miles swam and be invited to the end of the year potluck and recognition ceremony.
- > Swimmers who swim 100 miles at North County and Gifford Aquatic Centers, within the year, will receive an exclusive 100 Mile Swim Club T-shirt.
- Register now by going to IndianRiver.gov/ParksandRecreation and click the green GO! button.

ADULT OPEN GYM BASKETBALL

Tuesday and Thursday @ iG Center

- 8:30am-12:00pm. Cost \$3.
 - > Adults 18 & older.
 - Time where the gymnasium is available to adults to practice skills, shoot hoops, and play pickup games.
 - ➤ Call 772-226-1780 for more information and to confirm open gym dates.

AQUAFIT

Tuesday, Wednesday, Thursday, Year-Round @ North County Aquatic Center

- 9:30am-10:30am. Cost \$4 (or 8 class pass \$28).
 - All ages are welcome.
 - Move along to music as you perform instructor-guided moves designed to improve cardiovascular function, increase core strength, develop better, and burn calories. Let's make the water work for you. Flotation belts and water barbells are available at no charge.
 - For more information, contact the North County Aquatic Center 772-226-1752.

BOARD GAMES

Thursday @ iG Center

• 1:00pm-4:00pm. Cost \$1.

- > Ages 18 & older.
- > Join us for a fun-filled afternoon playing some of our favorite board games!
- ➤ Go to IndianRiver.gov/ParksandRecreation to register or call 772-226-1780.

BRIDGE CLASS

Thursday @ iG Center

- 4:00pm-6:00pm. Cost \$3.
 - > Ages 15 & older.
 - > This informal Bridge Class is designed for beginner to intermediate players.
 - ➤ Go to IndianRiver.gov/ParksandRecreation to register or call 772-226-1780.

COLORING & COFFEE

Tuesday @ iG Center

- 9:00am-10:00am. Cost \$1.
 - > Ages 18 & older.
 - Looking for a way to unwind and reduce stress? Join us for a morning of relaxation through coloring. Materials provided.
 - For more information call 772-226-1780.

COUNTRY LINE DANCING

Tuesday @ iG Center

- 6:30pm-7:30pm. Cost \$3.
 - > Ages 14 & older.
 - > Join us for a fun evening of Country Line Dancing! Instruction and lessons provided.
 - ➤ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.
 - Note there will be no classes on May 21.

GENTLE CHAIR YOGA

Monday, Tuesday & Thursday @ iG Center

- Monday, 10:30am-11:30am; Tuesday and Thursday, 12:00pm-1:00pm. Cost \$5.
 - ➤ All ages welcome!
 - ➤ Designed to improve flexibility and strengthen muscles while using a chair for support. Walk-ins welcome.
 - ➤ Go to IndianRiver.gov/ParksandRecreation by clicking the green GO! button to register or call 772-226-1780.

HEALTHIER YOU WEDNESDAYS

Third Wednesday, @ iG Center

- 11:00am-12:00pm. FREE!
 - > All ages welcome.
 - ➤ Join Nutrition Educator Amanda Trott to learn the importance of healthy food choices and how to live a healthier, more nutritious lifestyle.
 - For more info call us at 772-226-1780.

HOMESCHOOL PE

Tuesday @ iG Center

- 3:00pm-4:00pm. Cost \$3.
 - > Ages 4-10 years. Limited spots please register.
 - A great chance for children to exercise and make new friends. Teaching children valuable life skills such as teamwork, fairness, and good sportsmanship.
 - ➤ Go to IndianRiver.gov/ParksandRecreation and register by clicking the green GO! button or call 772-226-1780.

IRC STEEL CHALLENGE

Last Friday of every month@ IRC Shooting Range

- Begins at 9:00am. Cost \$20.00 plus tax, includes standard pistol and rifle ranges.
 - Allows shooters to test their abilities on steel targets and practice their magazine reloads in the process. No registration required.
 - For more information call 772-226-3096.

MAHJONG

Tuesday and Thursday @ iG Center

- Tuesday 10:00am-1:00pm; Thursday 10:00am-1:00pm. Cost \$2.
 - > Ages 18 & older.
 - Tile sets are provided as you play in groups of 3-4. Please bring your own Mahjong card.
 - Register at IndianRiver.gov/ParksandRecreation by clicking the green GO! button or call 772-226-1780.

MAT PILATES

Tuesday and Thursday @ iG Center

- 9:15am-10:15am. Cost \$12.
 - All ages welcome.
 - Exercises are structured using special equipment designed to improve strength, flexibility, posture and enhance mental awareness. Walk-ins welcome.
 - Register at IndianRiver.gov/ParksandRecreation by clicking the green GO! button or call 772-226-1780.

OPEN GYM PICKLEBALL

Monday, Wednesday, and Friday @ iG Center

• 8:30am-11:30am and 12:00pm-3:00pm. Cost \$3.

Tuesday and Thursday @ iG Center

• 12:00pm-3:00pm. Cost \$3.

Saturday @ iG Center

- 8:30-11:30pm. Cost \$3.
 - Pickleball is played in the gymnasium (6 courts) as either singles or doubles with a paddle and a plastic whiffle ball. Please bring your own equipment. Call 772-226-1780 for more information.

OPEN GYM VOLLEYBALL

Thursdays @ iG Center

- 4:00-5:30pm. Cost \$2.
 - ➤ Bump, set and spike your time away! Open Gym Volleyball id designed for volleyball enthusiasts, ages 17 & under, eager to hone their skills, make new friends, and enjoy the game!

Call 772-226-1780 for more information.

PICKLEBALL CLASSES - WITH DEREK PRINCE

Monday (twice monthly, dates vary) @ iG Recreation Center

- 12:30pm-2:00pm. \$30 per class.
 - ➤ Beginner Pickleball Levels I III / Pickleball Doubles Strategy / Intro to Pickleball.
 - Register at IndianRiver.gov/ParksandRecreation by clicking the green GO! button or call 772-226-1780.

PING PONG OPEN PLAY

Monday @ iG Center

- 5:30pm-8:30pm. Cost \$3.
 - Whether you're a beginner or seasoned pro it's the perfect way to improve your skills, meet new people, and have a blast! Mark your calendar and get ready to unleash your ping pong skills! No registration required!
 - > For more info call us at 772-226-1780.

PRE-SCHOOL TUMBLING

Friday @ iG Center

- 10:15am, 1:00pm, and 4:00pm. Cost \$3 pre-registered; \$5 at the door.
 - Preschool tumbling is a great start for ages 4-5. Children are taught basic tumbling skills such as forwards/backwards rolls, handstands, and cartwheels.
 - > Improve self-confidence, basic skills, strength, flexibility, and balance. Spaces are limited!
 - Register at IndianRiver.gov/ParksandRecreation by clicking the green GO! button or call 772-226-1780.

QI GONG

Tuesday @ iG Center

- 10:00am-11:00am. Cost \$12.
 - No special clothing or equipment required. Stand or sit. Walk-ins welcome. Leave refreshed, relaxed, and joyful.
 - Register at IndianRiver.gov/ParksandRecreation by clicking the green GO! button or call 772-226-1780.

RIMFIRE CHALLENGE

Last Saturday of every month @ IRC Shooting Range

- 9:00am. Cost \$15.00 plus tax.
 - ➤ Open to all levels of shooting enthusiasts. It can be for fun, personal improvement or in preparation for a competition. No registration required.
 - For more information call 772-226-3096.

SENIOR WELLNESS-AEROBICS AND WEIGHTS

Monday, Wednesday, and Friday @ iG Center

• 8:45am-9:45am and 10:00am-11:00am. FREE!

Tuesday @ Wabasso Community Center

• 7:00am-8:00am. FREE!

- > Special programming for our 55+ community to have social interaction and light exercise activity. Activities can be adapted to ability levels and interests. Walk-ins welcome.
- For more information call 772-226-1780.

SENIOR WELLNESS - ROCK AND ROLL CARDIO

Thursday @ Wabasso Community Center

• 7:00am-8:00am. FREE!

Thursday @ iG Center

- 10:30am-11:30am, FREE!
 - Similar to the Senior Wellness Program for 55 & older but with fun dancing music to spice it up a notch. Walk-ins welcome.
 - For more information call 772-226-1780.

SHINE LIGHT WITH CRYSTAL

Saturday @ iG Center

- 9:00am-10:00am. Cost \$10.
 - Full body cardio and toning workout based in traditional jazz, ballet and hip-hop. Get ready to sweat, smile, shimmy and shake your worries away. Walk-ins welcome.
 - Register at IndianRiver.gov/ParksandRecreation by clicking the green GO! button or call 772-226-1780.

STRETCH & FLEX

Monday, Tuesday and Thursday @ iG Center

- 9:15am-10:15am. Cost \$5.
 - Great cardiovascular workout set to music. Helps build endurance and strengthens the heart.
 - Register at IndianRiver.gov/ParksandRecreation by clicking the green GO! button or call 772-226-1780.

SWIM LESSONS

Private swim lessons are available through the fall and winter.

- Cost \$80 per person; scholarships available for those who qualify.
 - ➤ The cost includes four 25-minute lessons.
 - For information, call the North County Aquatic Center at 772-226-1752 of the Gifford Aquatic Center at 772-226-1175.

THURSDAY NIGHT LIGHTS

Thursday @ IRC Shooting Range

- 5:00pm-9:00pm.
 - We light up the fields for a fun skeet-trap night activity. No registration required.
 - For more information call 772-226-3096.

UP BEAT BOXING

Tuesday and Thursday @ iG Center

- 3:00pm-4:00pm. FREE!
 - ➤ Boxing fitness class geared for ages 55 +. Held twice a week to get you out, active and UP-BEAT! Walk-ins welcome.

For more information call 772-226-1780.

VETERANS YOGA PROJECT – MINDFUL RESILIENCE

Wednesday @ iG Center

- 2:00pm-3:00pm. FREE!
 - Led by Certified Yoga Alliance Trainer Danielle Martinez.
 - Class open to active and retired military, first responders, their families, caregivers, and anyone looking to support veterans.
 - > Call 772-226-1780 for more information.

WALKING CLUB

- Tuesday @ 8:30am-9:00am @ MLK, Jr. Walking Trail & Park. FREE!
- Tuesday @ 10:00am-10:30am @ West Wabasso Park. FREE!
 - > Led by Certified Walk with Ease Instructor & Recreation Leader.
 - For more information call 772-226-1780.

YOGA-LATES

Tuesday and Thursday @ iG Center

- 10:30am-11:30am. Cost \$8.
 - Mix between Yoga and Pilates. Walk-ins welcome.
 - Register at IndianRiver.gov/ParksandRecreation by clicking the green GO! button or call 772-226-1780.

YOUTH OPEN GYM BASKETBALL

Monday and Wednesday @ iG Center

- 4:00pm-8:00pm. Cost \$2.
 - > Adults 18 & older.
 - Time where the gymnasium is available to youth to practice skills, shoot hoops, and play pick-up games.
 - > Call 772-226-1780 for more information.