

# Indian River County Venue Event Calendar – May 2023

For more www.ircgov.com

## STAR WARS DAY – MAY THE 4<sup>TH</sup> BE WITH YOU

Thursday, May 4 @ Main Library

- 10:00am-8:00pm. FREE.
  - Whole day of fun for children and adults. Story time, arts and crafts, trivia contest, selfie station, genealogy of droids, costume contest, Force Fiesta party and movie marathon.
  - For more information call 772-400-6360 or go to libraries.ircgov.com.

#### GRAND OPENING AND RIBBON CUTTING FOR THE JONES PIER CONSERVATION AREA

Friday, May 5 @ Jones Pier Conservation Area

- 1:00pm-3:00pm. FREE.
  - Ceremony to commence at 1:30 pm.
  - > Grand opening will be accompanied by a celebration of County Historian Ruth Stanbridge.
  - For more information call 772-226-1780

#### 14th ANNUAL MARINE FLEA MARKET AND SEAFOOD FESTIVAL

Saturday, May 6-7 @ IRC Fairgrounds

- 9:00am-5:00pm. \$10 Adults / Children 12 & under Free.
  - New and used boats, fishing and boating seminars, marine flea market area, seafood.
  - For more information call 954-205-7813 or go to flnauticalfleamrket.com.

## **MOTHERS DAY CRAFTERNOON**

Saturday, May 13 @ Main Library

- 12:00pm.-3:00pm. FREE
  - Make Mom feel special with a handcrafted gift. Space is limited, registration is required.
  - For more information call 772-400-6360 or email kcole@ircgov.com

## **MOMMY SON DANCE – A NIGHT UNDER THE STARS**

Saturday, May 13 @ iG Center

- 6pm-8:30pm. \$40 per couple, \$10 additional son
  - Fun evening filled with dancing, games, contests, food and photobooth.
  - Call 772-226-1780 for more information or go to ircgov.com/MS.

#### YOUTH CO-ED BASKETBALL

Registration is open and will close May 29 @ iG Center

- Cost \$45 per player.
  - For children ages 4-15 years old. Season starts in July and ends in August.
  - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

#### PICKLEBALL FOR TEENS OPEN GYM

May 20 and 27 @ iG Center

- 5pm-8pm. FREE
  - Community sponsors are generously underwriting the open gym fee for each participant. Come for a fun night to learn and play pickleball. Equipment provided.
  - ➤ Call 772-226-1780 for more information or go to ircgov.com/ParksandRecreation.

#### **HANDGUN 101 COURSE**

Sunday, May 28 @ IRC Shooting Range

- 9:00am-2:00pm. \$100 per person.
  - This course is a complete guide to understanding the basics of firearm ownership, safety, and nomenclature, and how it applies to self-defense. Upon successful course completion, the student will receive a training certificate that may be submitted to the State of Florida as proof of training if applying for a Florida CCWP.
  - Pre-registration is required.
  - Call 772-226-3096 for more information or email the instructor <a href="mailto:nanci.robinson@crrtllc.com">nanci.robinson@crrtllc.com</a>

#### **ADULT OPEN GYM BASKETBALL**

Mon and Wed @ iG Center

4pm-8:30pm. Cost \$6

Tues and Thurs @ iG Center

- 9am-2pm. Cost \$6
  - Unstructured activity time where the gymnasium is available to adults (18 and over) to practice skills, shoot hoops, and play pick-up games.
  - Call 772-226-1780 for more information or go to ircgov.com/ParksandRecreation.

# **AQUAFIT**

Tues, Wed and Thurs @ North County Aquatic Center

- 9:30am-10:30am. Cost \$4
  - > Through low impact and high resistance power of the water, participants will improve cardiovascular capabilities, muscle tone, increase balance and improve general health.
  - Flotation belts and water barbells are available at no charge.
  - For more information call 772-226-1174 or go to ircgov.com/ParksandRecreation.

#### **COLORING & COFFEE**

Tuesdays @ iG Center

- 9am-10am. Cost \$1
  - ➤ Looking for a way to unwind and reduce stress? Join us for a morning of relaxation through coloring. Materials provided.
  - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

#### **GENTLE CHAIR YOGA**

Tues and Thurs @ iG Center

- 12pm-1pm. Cost \$5
  - ➤ Designed to improve flexibility and strengthen muscles while using a chair for support. Walk-ins welcome.
  - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

#### **HOMESCHOOL PE**

Tuesdays @ iG Center

- 3pm-4pm. Cost \$3. Limited spots
  - ➤ A great chance for children between the ages of the 4-10 to exercise and make new friends.
  - > Teaching children valuable life skills i.e. teamwork, fairness, and good sportsmanship.
  - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

#### **IRC STEEL CHALLENGE**

Last Friday of every month @ IRC Shooting Range

- 9am. Cost \$21.40 includes standard pistol and rifle ranges.
  - Allows shooters to test their abilities on steel targets and practice their magazine reloads in the process. No registration required.
  - For more information call 772-226-3096.

#### **MAT PILATES**

Tues and Thurs @ iG Center

- 9:15am-10:15am. Cost \$12
  - Exercises are structured using special equipment designed to improve strength, flexibility, posture and enhance mental awareness. Walk-ins welcome.
  - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

#### **OPEN PLAY PICKLEBALL**

Mon, Wed and Fri @ iG Center

9am-12pm and 12:30pm-3:30pm. Cost \$3

Saturdays @ iG Center

- 9am-12pm. Cost \$3
  - Pickleball is played in the gymnasium (6 courts) as either singles or doubles with a paddle and a plastic whiffle ball. Please bring your own equipment.
  - ➤ Call 772-226-1780 for more information or go to ircgov.com/ParksandRecreation.

### **PRE-SCHOOL TUMBLING**

Fridays @ iG Center

- 10:15am, 1pm and 4pm. Cost \$3
  - ➤ Preschool tumbling is a great start for ages 4-5. Children are taught basic tumbling skills such as forwards/backwards rolls, handstands, and cartwheels.
  - They will also improve self-confidence, basic skills, strength, flexibility and balance. Spaces are limited sign up quickly!
  - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

#### RIMFIRE CHALLENGE

Last Saturday of every month @ IRC Shooting Range

- 9am. Cost \$12.60 standard range fee
  - Proper to all levels of shooting enthusiasts. It can be for fun, personal improvement or in preparation for a competition. No registration required.
  - For more information call 772-226-3096.

#### SHINE DANCE WITH CRYSTAL

Saturdays @ iG Center

- 9:30am-10:30am. Cost \$10
  - Full body cardio and toning workout based in traditional jazz, ballet and hip-hop.
  - ➤ Get ready to sweat, smile, shimmy and shake your worries away. Walk-ins welcome.
  - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

#### SENIOR WELLNESS PROGRAM WITH SANDY

Mon, Wed and Fri @ iG Center

- 9:00 am-10 am. Mondays, 10am-11:30am Monday, Wednesday and Fridays. Free
  - > Special programming for our 55+ community to have social interaction and light activity. Activities can be adapted to ability levels and interests. Walk-ins welcome.
  - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

## **SENIOR WELLNESS – DANCING TO MUSIC**

Thursdays @ iG Center

- 10:30am 11:30am. Free
  - > Similar to our regular Senior Wellness Program for 55 + but with fun dancing music to spice it up a notch. Walk-ins welcome.
  - > For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

## STRETCH & FLEX

Tues and Thurs @ iG Center

- 9:30am 10:30am. Cost \$5
  - ➤ Great cardiovascular workout set to music. Helps build endurance and strengthens the heart. Walk-ins welcome.
  - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

#### **THURSDAY NIGHT LIGHTS**

Thursdays @ IRC Shooting Range

- 5pm-9pm. Cost \$8 per round
  - ➤ We light up the fields for a fun skeet-trap night activity. No registration required.
  - For more information call 772-226-3096.

# **UP BEAT BOXING**

Tues and Thurs @ iG Center

- 3pm-4pm. FREE
  - ➤ Boxing fitness class geared for ages 55 +. Held twice a week to get you out, active and UP-BEAT! Walk-ins welcome.
  - For more information call 772-226-1780.

#### **YOGA LATES**

Tues and Thurs @ iG Center

- 10:30am-11:30am. Cost \$5
  - Mix between Yoga and Pilates. Walk-ins welcome.
  - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

## YOUTH OPEN GYM BASKETBALL

Mondays and Wednesdays @ iG Center

4pm-5:45pm. Cost \$2

Saturdays @ iG Center

- 1pm-4pm. Cost \$2
  - Unstructured activity time where the gymnasium is available to adults (17 and under) to practice skills, shoot hoops, and play pick-up games.
  - ➤ Call 772-226-1780 for more information or go to ircgov.com/ParksandRecreation.

#### **SUMMER SPORTS CAMP**

Monday June 19 - Friday June 23 @ iG Center

- 9:00am-12:00pm. Daily @ iG center
  - Registration is open for this awesome experience
  - ➤ For children ages 6 12 years old
  - Children will play indoor and outdoor sports with an emphasis on positivity, teamwork and FUN!
  - ➤ Call 772-226-1780 for more information or go to ircgov.com/ParksandRecreation.

# VERO BEACH SUMMER PICKLEBALL CLASSIC INDOOR TOURNAMENT

Saturday, June 3 @ iG Center

- 9:00am-5pm. \$50 per team
  - Mixed doubles, unranked tournament. Limited to 24 teams.
  - Registration includes commemorative shirt, lunch and chance to win prizes.
  - Call 772-226-1780 for more information or go to ircgov.com/ParksandRecreation.