

# Indian River County Venue Event Calendar – December 2023

For more www.indianriver.gov

# **LECTURE & GUIDED BIRDING EXPERIENCE**

Wednesday, December 6 @ iG Center

12:00pm-1:00pm. FREE!

Sunday, December 10 @ Captain Forster Hammock Preserve

• 8:00am-11:00am. FREE!

Sunday, January 7 @ iG Center

- 9:00am-11:00am. FREE!
  - ➤ Join distinguished bird watcher David Simpson as we explore the wonderful world of Birding! A variety of topics will be covered during the lecture series offering participants a comprehensive birding experience when coupled with the guided portion. (December 6: Ring in the Holiday Cheer with Audubon's Christmas Bird County Lecture. December 10: ebird Birding Class Guided Portion)
  - > Space is limited. Register at <a href="mailto:conservation@indianriver.gov">contact Ashley at 772-365-1284 for more information.</a>

## **PAINT LIKE BOB ROSS**

Saturday, December 9 @ iG Center

- 10:00am-12:30pm. Cost \$59.
  - ➤ Take a "Joy of Painting Class" with Certified Bob Ross Instructor Steven Brooks. No previous experience required. Just bring a winning smile and a desire to experience the joy of painting! All materials included.
  - Go to <u>PaintWithSteven.com</u> register.

# **VERO BEACH GUN SHOW**

Saturday and Sunday, December 9 & 10 @ IRC Fairgrounds

- Saturday, 9:00am-5:00pm. Cost \$8.
- Sunday, 10:00am-4:00pm. Cost \$8.
  - ➤ Join Patriot Productions for the Vero Beach Gun Show. There will be live WWII, Vietnam and Civil War reenactments in the field! See soldiers in uniform, military vehicles, live weapons demo, camps, gear and more! Buy, sell, trade, and attend weapon license classes.
  - ➤ Go to https://www.patriotshows.com/ for more information.

#### PASTURE MANAGEMENT FOR LIVESTOCK & HORSES

Tuesday, December 12 @ IRC Fairgrounds & Expo Center

- 9:30am-3:30pm. Cost \$35.
  - > Ages: 18+

- ➤ Join our pasture management class for a full day of presentations and hand-on activities to learn best practices for pasture management. Participants will learn about the importance of good pasture management for livestock and horses, how to conduct a soil test and interpret results, scouting for and managing pasture weeds, and more.
- To register, go to bit.ly/47s0SDA

# TREASURE COAST ELEMENTARY PTA WINTER FEST

Saturday, December 16 @ IRC Fairgrounds & Expo Center

- 1:00pm-9:00pm. Cost \$5.
  - ➤ Winter Fun Fest hosted by the Treasure Coast Elementary PTA. Music, Food Trucks, Arts & Crafts, Games, Vendors and more. This is a cash only event.
  - Registration is not required.

#### **VERO BEACH HOME SHOW**

Saturday and Sunday, January 6 & 7 @ IRC Fairgrounds

- Saturday, 10:00am-5:00pm. FREE!
- Sunday, 10:00am-4:00pm. FREE!
  - ➤ Join us for the Vero Beach Home Show! This 2-day event will leave you renewed with options to better your homestead, ideas for home improvement projects, experience new products and services on the market. You'll be amazed by what you'll find for your home, property, farm or ranch all under one roof! See the rows and rows of inspiration & creativity with the Arts & Crafts Expo part of our events! Live music at all our shows!
  - ➤ Go to <a href="https://www.patriothomeshows.com/">https://www.patriothomeshows.com/</a> for more information.

#### **100 MILE SWIMCLUB**

Daily @ North County and Gifford Aquatic Centers

- All ages are welcome.
  - ➤ Get started by setting a personal goal, whether you want to swim 5 miles or 500. Sign up all year long by visiting our aquatics desk. Annual membership \$10.00 for local tracking, (laps swam at North county or Gifford Aquatics pool) or 15.00 for Global tracking, (laps swam anywhere) valid January-December.
  - > All participants reaching the 100 miles will receive a yearly certificate indicating the total miles
  - ➤ All participants will be invited to the end of the year potluck and recognition ceremony.
  - Swimmer who swim 100 miles at North County and Gifford Aquatic Centers, within the year, will receive an exclusive 100 Mile Swim Club T-shirt.
  - Sign up at either facility today and just keep swimming!

# **ADULT OPEN GYM BASKETBALL**

Tuesday and Thursday @ iG Center

- 9:00am-2:00pm. Cost \$6.
  - Adults 18 & older.
  - Time where the gymnasium is available to adults to practice skills, shoot hoops, and play pick-up games.
  - Call 772-226-1780 for more information.

# **AQUAFIT**

Tuesday, Wednesday, Thursday, Year-Round @ North County Aquatic Center

- 9:30am-10:30am. Cost \$4 (or 8 class pass \$28).
  - > All Ages.
  - Move along to music as you perform instructor-guided moves designed to improve cardiovascular function, increase core strength, develop better, and burn calories. Let's make the water work for you. Flotation belts and water barbells are available at no charge.
  - For more information, contact the North County Aquatic Center (772) 226-1752.

# **BOARD GAMES**

Thursday @ iG Center

- Tuesday 1:00pm-4:00pm. Cost \$1.
  - > Ages 18 & older.
  - Join us for a fun filled afternoon playing some of our favorite board games!
  - ➤ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

# **BRIDGE CLASS**

Thursday @ iG Center

- 4:00pm-6:00pm. Cost \$3.
  - > Ages 15 & older.
  - This informal Bridge Class is designed for beginner to intermediate players.
  - ➤ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

#### **COLORING & COFFEE**

Tuesday @ iG Center

- 9:00am-10:00am. Cost \$1.
  - Ages 55 & older.
  - ➤ Looking for a way to unwind and reduce stress? Join us for a morning of relaxation through coloring. Materials provided.
  - For more information call 772-226-1780.

#### **COUNTRY LINE DANCING**

Tuesday @ iG Center

- 6:30pm-7:30pm. Cost \$3.
  - All ages welcome! Join us for a fun evening of Country Line Dancing! Instruction and lessons provided.
  - Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

# **GENTLE CHAIR YOGA**

Monday, Tuesday & Thursday @ iG Center

- Monday, 10:30am-11:30am; Tuesday and Thursday, 12:00pm-1:00 pm. Cost \$5.
  - All ages welcome! Designed to improve flexibility and strengthen muscles while using a chair for support. Walk-ins welcome.
  - Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

### **HEALTHIER YOU WEDNESDAYS**

Third Wednesday, @ iG Center

- 11:00am-12:00pm. FREE!
  - ➤ Join Nutrition Educator Amanda Trott to learn the importance of healthy food choices and how to live a healthier more nutritious lifestyle. No registration required!
  - For more info call us at 772-226-1780.

#### **HOME GARDENING LECTURE SERIES**

Second Tuesday @ Brackett Library

- 12:00pm-4:00pm. FREE!
  - > Ages 18 & older.
  - Participants will learn about a variety of home gardening topics. They can register for one lecture or the entire series.
  - To register, go to bit.ly/46BwpmO

Second Thursday @ North County Library

- 10:00am-1:00pm. FREE!
  - > Ages 18 & older.
  - Participants will learn about a variety of home gardening topics. They can register for one lecture or the entire series.
  - To register, go to bit.ly/46BwpmO

# **HOMESCHOOL PE**

Tuesday @ iG Center

- 3:00pm-4:00pm. Cost \$3.
  - Ages 4-10 years. Limited spots please register.
  - A great chance for children to exercise and make new friends. Teaching children valuable life skills such as teamwork, fairness, and good sportsmanship.
  - ➤ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

# INTRODUCTION TO BALLROOM DANCING-NEW CLASS

Wednesday @ iG Center

- 7:00pm-8:00pm. Cost \$10.
  - > Ages 12 & older.
  - > Participants will learn the basics of ballroom dancing, including leading and following.
  - Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

# **INTRODUCTION TO PHOTOJOURNALISM- NEW CLASS**

Wednesday @ iG Center

- 5:00pm-6:00pm. FREE!
  - Ages 13-65 years.
  - This class will guide learners in developing technical prowess and narrative intuition, combining foundational photography principles with insights and experiences from a celebrated photographer as they embark on their photojournalism journey.

➤ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

#### **IRC STEEL CHALLENGE**

Last Friday of every month@ IRC Shooting Range

- Begins at 9:00am. Cost \$21.40 includes standard pistol and rifle ranges.
  - Allows shooters to test their abilities on steel targets and practice their magazine reloads in the process. No registration required.
  - For more information call 772-226-3096.

### **MAHJONG**

Tuesday and Thursday @ iG Center

- Tuesday 10:00am-1:00pm; Thursday 1:00pm-3:30pm. Cost \$2.
  - > Ages 18 & older.
  - > Tile sets are provided as you play in groups of 3-4. Please bring your own Mahjong card.
  - ➤ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

#### **MAT PILATES**

Tuesday and Thursday @ iG Center

- 9:15am-10:15am. Cost \$12.
  - All ages!
  - Exercises are structured using special equipment designed to improve strength, flexibility, posture and enhance mental awareness. Walk-ins welcome.
  - ➤ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

### **OPEN PLAY PICKLEBALL**

Monday, Wednesday and Friday @ iG Center

• 8:30am-11:30am and 12:00pm-3:00pm. Cost \$3.

Saturdays @ iG Center

- 9:00am-12:00pm. Cost \$3.
  - Pickleball is played in the gymnasium (6 courts) as either singles or doubles with a paddle and a plastic whiffle ball. Please bring your own equipment.
  - > Call 772-226-1780 for more information.

### PICKLEBALL CLASSES - WITH DEREK PRINCE

Monday (twice monthly, dates vary) @ iG Recreation Center

- 12:30pm-2:00pm. \$30 per class.
  - ➤ Beginner Pickleball Levels I III / Pickleball Doubles Strategy / Intro to Pickleball
  - Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

# **OPEN PLAY PING PONG**

Monday @ iG Center

- 5:30pm-8:30pm. Cost \$3.
  - Whether you're a beginner or seasoned pro it's the perfect way to improve your skills, meet new people, and have a blast! Mark your calendar and get ready to unleash your ping pong skills! No registration required!
  - For more info call us at 772-226-1780.

#### PRE-SCHOOL TUMBLING

Friday @ iG Center

- 10:15am, 1:00pm, and 4:00pm. Cost \$3 pre-registered; \$5 at the door.
  - Preschool tumbling is a great start for ages 4-5. Children are taught basic tumbling skills such as forwards/backwards rolls, handstands, and cartwheels.
  - > Improve self-confidence, basic skills, strength, flexibility and balance. Spaces are limited!
  - Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

## QI GONG

Tuesday @ iG Center

- 10:00am-11:00am. Cost \$12.
  - No special clothing or equipment required. Stand or Sit. Walk-ins welcome.
  - Leave refreshed, relaxed and joyful.
  - Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

## RIMFIRE CHALLENGE

Last Saturday of every month @ IRC Shooting Range

- 9:00am. Cost \$12.60 standard range fee.
  - Open to all levels of shooting enthusiasts. It can be for fun, personal improvement or in preparation for a competition. No registration required.
  - For more information call 772-226-3096.

# **SENIOR WALKING CLUB**

- Tuesday @ 8:30am @ MLK, Jr. Walking Trail & Park. FREE!
- Tuesday @ 9:30am @ Victor Hart Sr. Community Enhancement Complex. FREE!
  - ➤ Led by Certified Walk with Ease Instructor & Recreation Leader Sarah Eiswerth.
  - For more information call 772-226-1780.

# SENIOR WELLNESS PROGRAM WITH SANDY

Monday, Wednesday and Friday @ iG Center

- 10:00am-11:00am, FREE!
  - > Special programming for our 55+ community to have social interaction and light exercise activity. Activities can be adapted to ability levels and interests. Walk-ins welcome.
  - For more information call 772-226-1780.

#### SENIOR WELLNESS - DANCING TO MUSIC

Thursday @ iG Center

- 10:30am-11:30am. FREE!
  - Similar to our regular Senior Wellness Program for 55 & older but with fun dancing music to spice it up a notch. Walk-ins welcome.
  - For more information call 772-226-1780.

### SHINE LIGHT WITH CRYSTAL

Saturday @ iG Center

- 9:30am-10:30am. Cost \$10.
  - Full body cardio and toning workout based in traditional jazz, ballet and hip-hop.
  - > Get ready to sweat, smile, shimmy and shake your worries away. Walk-ins welcome.
  - Go to www.indianriver.gov/parksandrecreation\_to register or call 772-226-1780.

#### STRETCH & FLEX

Monday, Tuesday and Thursday @ iG Center

- Monday, 9:15am-10:15am; Tuesday and Thursday, 9:30am-10:30am. Cost \$5.
  - ➤ Great cardiovascular workout set to music. Helps build endurance and strengthens the heart. Walk-ins welcome.
  - Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

# **SWIM LESSONS**

Private swim lessons are available through the fall and winter.

- Cost \$80 per person; scholarships available for those who qualify.
  - ➤ The cost includes four 25-minute lessons.
  - For information, call the North County Aquatic Center at 772-226-1752 of the Gifford Aquatic Center at 772-226-1175.

#### THURSDAY NIGHT LIGHTS

Thursday @ IRC Shooting Range

- 5:00pm-9:00pm. Cost \$8 per round.
  - We light up the fields for a fun skeet-trap night activity. No registration required.
  - For more information call 772-226-3096.

# **UP BEAT BOXING**

Tuesday and Thursday @ iG Center

- 3:00pm-4:00pm. FREE!
  - ➤ Boxing fitness class geared for ages 55 +. Held twice a week to get you out, active and UP-BEAT! Walk-ins welcome.
  - For more information call 772-226-1780.

## **VETERANS YOGA PROJECT – MINDFUL RESILIENCE**

Wednesday @ iG Center

- 2:00pm-3:00pm. FREE!
  - Led by Certified Yoga Alliance Trainer Danielle Martinez.
  - Class open to active and retired military, first responders, their families, caregivers and anyone looking to support veterans.
  - > Call 772-226-1780 for more information.

# **YOGA LATES**

Tuesday and Thursday @ iG Center

- 10:30am-11:30am. Cost \$8.
  - Mix between Yoga and Pilates. Walk-ins welcome.
  - ➤ Go towww.indianriver.gov/parksandrecreation to register or call 772-226-1780.

# YOUTH OPEN GYM BASKETBALL

Monday, Wednesday and Saturday @ iG Center

- Monday and Wednesday, 4:00pm-8:30pm; Saturday, 1:00pm-4:00pm. Cost \$2.
  - Unstructured activity time where the gymnasium is available to Youths (17 and under) to practice skills, shoot hoops, and play pick-up games.
  - > Call 772-226-1780 for more information.