

INDIAN RIVER COUNTY VENUE EVENT CALENDAR – DECEMBER 2022

For more information go to www.ircgov.com – Event Calendar

NEW! GO EXPLORE IRC HIKING CHALLENGE!

December 1 – January 31 @ a Conservation Area near you! FREE!

- Visit Indian River County's Conservation Areas in the months of December & January for a 60 Day Hiking Challenge.
 - First 100 participants to complete the challenge receive a limited-edition inaugural T-Shirt.
 - Join many of the Guided Hikes offered during the month of December and enjoy our beautiful Conservation Areas and Parks.
 - For more information and to register go to IRCGOV.com/Conservation
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PICKLEBALL FOR TEENS OPEN GYM

December 9, 10, 14 & 28, 4pm-7pm @ IG Center – FREE

- This new open gym is open to teens only. Community sponsors are generously underwriting the open gym fee for each participant. Come for a fun night out with friends on Friday and Saturday evenings to learn and play pickleball!
 - Equipment provided.
 - Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation
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KRIS KRINGLE MARKET

December 9, 10 & 11, 9:00 am – 4:00 pm @ IRC Fairgrounds – FREE!

- Enjoy Artists, Crafters and Businesses in this unique event for the entire family.
 - Food trucks and live music.
 - Free make-n-take ornaments gifts from Santa & Mrs. Claus as well as free photos with The Grinch.
 - More information @ www.barbaraannsnow.com
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CHILDRENS HOLIDAY PROGRAM

December 15, 6:00 pm – 7:00 pm @ Main Library. FREE!

- Join us for Holiday stories, songs, crafts and more.
 - Call 772-400-6318 or visit <https://libraries.ircgov.com/>
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INTRO TO PICKLEBALL WITH DERECK PRINCE

December 14 & 28, 12:30 pm – 1:45 pm @ IG Center – \$10 per person.

- Pickleball is played in the gymnasium as either singles or doubles with a paddle and a plastic whiffle ball.
 - Learn the basics and begin games with Dereck Prince.
 - Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation
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NEW! PANCAKE BREAKFAST WITH SANTA AND MRS. CLAUS!

December 17, 9am – 11am @ IG Center. \$3 per person.

- Bring your little ones for a morning full of fun and Christmas spirit with our super special guests from the North Pole.
 - We will have a delicious pancake breakfast with beverages and crafts.
 - Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation
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COMMUNITY DRUM CIRCLE WIRTH TREASURE COAST PERCUSSION

December 28, 6:00 pm – 7:00 pm @ Brackett Library. FREE!

- Come for a fun evening of drumming.
 - No experience required. Drums are provided. All ages welcome.
 - Call 773-400-6366 or visit <https://libraries.ircgov.com/>
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NEW! SWEAT & SWAGGER

Wednesdays, 6:00 pm – 7:00 pm @ IG Center. \$10 per person.

- Welcome to our brand-new heart pumping, beat dropping, cardio dance workout that will bring out your inner awesomeness while burning calories!
 - Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation
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PRE-SCHOOL TUMBLING

Fridays, 10:15 am, 1:00 pm and 4:00 pm @ IG Center - \$3 per session. 7 spots available per class.

- Preschool tumbling is a great start for ages 4-5. Get active while having fun! In this program children ages 4-5 are taught basic tumbling skills such as forwards/backwards rolls, handstands, and cartwheels. Children will improve self-confidence, basic skills, strength, flexibility and balance. Spaces are limited register to reserve your spot!
- Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation

TALES WITH TAILS and WINGS & THINGS

Wednesdays, 6:00 pm – 7:30 pm @ IG Center – FREE

- Tales with Tails is a story time and craft series for children featuring different animals followed by an animal encounter. During the month of December, we will be featuring hawks, Snakes, Bunnies and Guinea Pigs.
- For the full schedule call 772-226-1780 or go to www.ircgov.com/parksandrecreation to register.

OPEN PLAY PICKLEBALL

Monday, Wednesday & Fridays, 9:00 am – 12:00 pm & 12-30 pm – 3:30 pm @ IG Center.
\$3 per person.

- Pickleball is played in the gymnasium (6 courts) as either singles or doubles with a paddle and a plastic whiffle ball. Please bring your own equipment.
- Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation

OPEN GYM BASKETBALL

Tuesdays & Thursdays, 9:00 am – 2:00 pm @ IG Center – \$6 per person.

- Unstructured activity time where the gymnasium is available to adults (18 and over) to practice skills, shoot hoops, and play pick-up games.
- Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation

MAT PILATES WITH BETH

Tuesdays & Thursdays, 9:15 am – 10:15 am @ IG Center- \$12 per person.

- This class is designed for exercises using special equipment that is specially designed to improve strength, flexibility, posture and enhance mental awareness.
- Please bring your own mat. Walk-ins welcome.
- Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation

STRETCH & FLEX

Tuesdays & Thursdays, 9:30 am – 10:30 am @ IG Center – \$5 per person.

- This class gives a great cardiovascular workout while remaining seated.
- The fun exercises are set to music and will build endurance and strengthen the heart.
- Walk-ins welcome.
- Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation

YOGA LATES BY JUDY

Tuesdays & Thursdays, 10:30 am – 11:30 am @ IG Center – \$5 per person.

- This class is a mix between Yoga and Pilates. Walk-ins welcome.
- Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation

GENTLE CHAIR YOGA

Tuesdays & Thursdays, 12:00 pm – 1:00 pm @ IG Center – \$5 per person.

- This class is designed to improve flexibility and strengthen muscles while using a chair for support. Walk-ins welcome.
- Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation

ZUMBA

Mondays, 9:00 am – 10:00 am and Thursdays, 6:00 pm – 7:00 pm @ IG Center – \$10 per person.

- This energetic class is a fitness activity that involves cardio and Latin inspired dancing.
- Boost your heart health. Both aerobic and anaerobic benefits help you maintain a healthy cardiovascular respiratory system.
- Call 772-226-1780 for more information or register online @ www.ircgov.com/parksandrecreation

SHINE DANCE WITH CRYSTAL

Mondays, 6pm-7pm and Saturdays, 9:30 am – 10:30 am @ IG Center – \$10 per person.

- SHINE is a full body cardio and toning workout based in traditional jazz, ballet and hip-hop.
- This class is suitable for beginners and experienced dancers alike.
- Get ready to sweat, smile, shimmy and shake your worries. Walk-ins welcome.
- Call 772-226-1780 for information or pre-register at www.ircgov.com/parksandrecreation

SENIOR WELLNESS PROGRAM WITH SANDY

Mondays, Wednesdays & Fridays, 10:00 12:00 pm – FREE!

- Special programming for our 55+ community to have social interaction and light activity. Activities can be adapted to activity levels and interests. Walk-ins of all ability levels are welcome. Walk-ins welcome.
- Call 772-226-1780 for information or pre-register at www.ircgov.com/parksandrecreation

SENIOR WELLNESS – DANCING TO MUSIC

Mondays, Wednesdays & Fridays, 10:00 12:00 pm – FREE!

- Similar to our regular Senior Wellness Program for 55 and over but with fun dancing music to spice it up a notch. Walk-ins welcome.
- Call 772-226-1780 for information or pre-register at www.ircgov.com/parksandrecreation

UP BEAT BOXING

Tuesdays & Thursdays, 3:00 pm – 4:00 pm – FREE!

- Boxing fitness class geared for ages 55 and over. Held twice a week to get you Out, Active and UP-BEAT! Walk-ins welcome.
- Call 772-226-1780 for more information or register online at www.ircgov.com/parksandrecreation

COLORING & COFFEE

Tuesdays, 9:00 am – 10:00 am @ IG Center – \$1 per person.

- Looking for a way to unwind and reduce stress? Join us for a morning of relaxation through coloring. Materials provided.
 - Call 772-226-1780 for more information or register online at www.ircgov.com/parksandrecreation
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OPEN MAH JONGG

Tuesdays, 10:00 am – 1:00 pm & Thursdays, 1:00 pm – 3:30 pm @ IG Center – \$2 per person.

- Tile sets are provided. Please bring your own Mahjongg Card. No reservation needed.
 - Call 772-226-1780 for more information or register online at www.ircgov.com/parksandrecreation
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AMERICAN MAH JONGG

Thursdays, 10:00 am – 12:00 am @ IG Center – \$75 for 4 Weeks

- Instructor Carol Dougherty will take students on a four-week journey through the world of American Mahjongg. This class is intended for brand new players that would like to learn the game and would like an experienced instructor to guide you to success.
 - American mahjong is played with four players using mah jongg tiles. Experienced Mah Jongg players are welcome to attend Tuesdays 10am-1pm and Thursdays 1pm-3pm @ IG \$2 per session.
 - Pre-registration is required.
 - Call 772-226-1780 for more information or register online at www.ircgov.com/parksandrecreation
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