

Indian River County Venue Event Calendar –July 2024 For more <u>www.indianriver.gov</u>

AQUATIC FACILITIES OPEN DAILY!

Open daily through Sunday, August 11 @ North County and Gifford Aquatic Centers

- Cost varies by facility.
 - All ages welcome! Children 12 & under must have parental supervision. Children 13-17 must have a waiver on file to use the facility without parental supervision.
 - For more information including amenities, rates, and hours of operation visit us online at www.indianriver.gov/aquatics.

ADVENTURE BEGINS: SUMMER READING CHALLENGE, EVENTS, & ACTIVITIES

Monday-Friday through July 26 @ your Library!

- FREE!
 - > Open to children, young adults, and teens.
 - Summer is no time to be humble. We want you to keep reading all summer long and BRAG about it! For every 100 minutes of reading, you'll earn a different brag tag. How many can you collect this summer? If you would like to participate, pick up your Summer Reading Challenge packet at any Children's Desk, any branch. The packet includes a reading log, stickers, bag, and bookmark. Check socials and our website for a comprehensive list of activities and events at all branches.

RECREATION AND CONSERVATION HIKING CLUB-IRL GREENWAY 1.5 MILES

Monday, July 1 @ Indian River Lagoon Greenway

- 8:30am-10:00am. FREE!
 - > Ages 5 & older.
 - These free interactive events have something for all levels of hiker. Prefer a fast-paced hike? Cruise along with Recreation Leader Sarah. Want to take your time and learn about the habitat? Meander through the area with Environmental Educator Olivia. Cover miles of trails and gain knowledge as you go! Hikers reaching milestones are eligible to receive prizes!
 - For more information contact Olivia at 772-226-1712 or register online at www.indianriver.gov/parksandrecreation.

LITTLE EXPLORERES: CAMOUFLAGING CRITTERS

Wednesday, July 3 @ iG Center

- 10:00am-11:00am. FREE!
 - > Open to preschool and early elementary school children.
 - Don't hide your creativity! Bring your little explorers down to the Intergenerational Center to learn about the many types of camouflage critters can display! Staff will lead children as they learn about camouflage adaptations and the animals that use camouflage! This free event includes story time, camo craft, and game.

For more information contact Olivia at 772-226-1712 or register online at www.indianriver.gov/parksandrecreation.

CHILDREN'S TALENT SHOW

Friday, July 5 @ Main Library

- 10:30am. FREE!
 - ➢ Ages 5-12.
 - Stepping foot on the stage can be every bit as much of an adventure as hiking in the woods or sailing the ocean through the pages of a book. If you have a special talent, we want to see it! Sign up is in progress. FREE tickets are required and available 30 minutes prior to the event.
 - For more information or to register, contact Patti Fuchs @ 772-400-6318 or pfuchs@indianriver.gov.

DIY SWEETS: CANDY SUSHI

Friday, July 5 @ Brackett Library

- 3:00pm. FREE!
 - Ages 13-18.
 - > Create your own edible sushi out of candy and other sweet treats. All materials will be provided.
 - > For more information, email the young adult librarian at glee@indianriver.gov.

BUTTERFLIES OF INDIAN RIVER COUNTY - LECTURE

Wednesday, July 10 @ iG Center

- 12:00pm-1:00pm. FREE!
 - > Ages 5 & older.
 - Have you ever wondered what kind of butterfly is darting through your yard or local park? Do you want to know what you can do to bring these jewels of the insect world to your yard? Come and learn from naturalists Dee and David Simpson about our butterflies: who they are, what you can do to help them, and how to attract them.
 - ▶ RSVP to Olivia Roddenberry at oroddenberry@indianriver.gov or 772-226-1780.

SINGING BOWLS

Thursday, July 11 & August 8 @ iG Center

- 7:00pm. Cost \$25.
 - ➢ All ages welcome.
 - Relax, meditate, unwind, and reduce stress while feeling the healing sounds of Tibetan Singing Bowls. Sit or bring your mat, pillow, or blanket while experiencing the energy of soothing vibrations.
 - For more information call 772-226-1780 or register online at www.indianriver.gov/parksandrecreation.

MENESTRELLI CIRCUS DOGS

Friday, July 12 @ Main Library

- 10:30am. FREE!
 - All ages welcome.
 - Internationally renowned, and performing throughout Florida, the Menestrelli Circus Dogs are trained athletes and consummate performers. Watch them somersault, climb stairs and perform other tricks uniquely designed to showcase their intelligence and prowess. This is a FREE, ticketed event and tickets are available thirty minutes prior to the show.
 - ▶ For more information contact Ms. Patti at 772-400-6318 or pfuchs@indianriver.gov.

BUTTERFLIES OF INDIAN RIVER COUNTY - HIKE

Saturday July 13 @ Jones' Pier Conservation Area

- 8:30am-10:00am. FREE!
 - > Ages 5 & older.
 - Summers in Florida can be quite hot, but it is a great time to get out and see wildflowers and the insects that come to pollinate them. Come out to Jones Pier Conservation Area where Dee and David Simpson will guide you through the native plantings, pointing out the variety of species of butterflies and perhaps other insects attracted.
 - ▶ RSVP to Olivia Roddenberry at oroddenberry@indianriver.gov or 772-226-1780.

JR. LIFEGUARD PROGRAM

Monday-Thursday, July 15-26 @ Gifford Aquatic Center

- 9:00am-4:00pm. \$150.00.
 - ➢ Ages 12-14 years.
 - This is a fun and educational class introducing lifeguarding skills. Participants will be involved in interactive activities such as rescues, CPR/First Aid, and personal safety activities.
 - For more information contact Heather at 772-226-1747 or to register visit us at www.indianriver.gov/parksandrecreation.

PICKLEBALL CAMP

Monday-Friday, July 15-19 @ iG Center

- 8:30am-10:30am. Cost \$50 per person.
 - ➢ Ages 9-13 years.
 - Looking for something fun to do this summer? This fun camp is an exciting introduction to pickleball for kids who love being active and trying new things. Campers will be taught fundamentals in a friendly and supportive environment to work on learning or improving their skills.
 - Contact us at 772-226-1780 for more information or register online at www.indianriver.gov/parksandrecreation.

RECREATION AND CONSERVATION HIKING CLUB-NORTH SEBASTIAN (1 MILE)

Saturday, July 20 @ North Sebastian Conservation Area

- 8:30am-10:00am. FREE!
 - > Ages 5 & older.
 - These free interactive events have something for all levels of hiker. Prefer a fast-paced hike? Cruise along with Recreation Leader Sarah. Want to take your time and learn about the habitat? Meander through the area with Environmental Educator Olivia. Cover miles of trails and gain knowledge as you go! Hikers reaching milestones are eligible to receive prizes!
 - For more information contact Olivia at 772-226-1712 or register online at www.indianriver.gov/parksandrecreation.

ADVENTURE SERIES

Tuesdays through July 23 @ Marian Fell Library

- 2:00pm. FREE!
 - ➤ Grades 1-5.
 - It's adventure time at Marian Fell Library. Join us Tuesdays, June 4 July 23 at 2pm to celebrate Summer Reading - intended for first through fifth graders. Activities include s'mores in a solar oven, navigation, water safety, art and building projects and more.
 - > Contact Ms. Patti for details 772-400-6318 or pfuchs@indianriver.gov.

ANIME FILM CLUB

Wednesday, July 24 @ North County Library

- 10:30am. FREE!
 - Ages 12-18 years.
 - Anime Film Club presents: Jujutsu Kaisen 0 (PG-13). The film will be shown in Japanese dubbed with English subtitles. High school student, Yuta, suffers from being frequently bullied. After an incident caused by an extremely powerful cursed spirit, Yuta is transferred to the Tokyo Prefectural Jujutsu High School.
 - > For more information, email the young adult librarian at glee@indianriver.gov.

AMAZING STANLEY THE MAGICIAN

Thursday, July 25 @ North County Library

- 10:30am. FREE!
 - All ages welcome.
 - Don't miss this fun, comedy magic show that will entertain the whole family. Tickets required. Tickets are available 30 minutes prior to the event.
 - ▶ For more information contact Patti Fuchs at 772-400-6318 or pfuchs@indianriver.gov.

MONDAY MATINEE MOVIE

Monday, July 29 @ Brackett Library

- 3:00pm. FREE!
 - > Ages 18 & older.
 - > Join us for popcorn and blockbuster hits for adults! No registration is required.
 - > For more information contact Hollie at 772-400-6366 or email hmcdougall@indianriver.gov.

KARAOKE GLOW PARTY

Tuesday, July 30 @ Main Library

- 1:00pm. FREE!
 - Ages 13-18 years.
 - Step into a neon wonderland at our Karaoke Glow Party the ultimate summer send-off! Shine bright under UV black lights and belt out your favorite tunes. Make memories that'll glow long after the party ends.
 - > For more information, email the young adult librarian at glee@indianriver.gov.

SHRINKY DINK KEY CHAIN WORKSHOP

Wednesday, July 31 @ Gifford Library

- 3:00pm. FREE!
 - ➢ Ages 6-12.
 - > Join us for a fun Shrinky Dink Workshop. Registration is not required.
 - ▶ For more information contact Patti Fuchs at 772-400-6318 or pfuchs@indianriver.gov.

LIFEGUARD INSTRUCTOR CERTIFICATION CLASS

Mondays, August 12, 19 & 26 @ Gifford Aquatic Center

- 9:00am-5:00pm. \$400.00.
 - > Ages 17 & older.
 - The American Red Cross Lifeguard Instructor Certification Class is designed to train instructors to teach basic-level Red Cross Lifeguarding Courses.
 - For more information call 772-226-1175 or to register visit us at www.indianriver.gov/parksandrecreation.

FUJI BJJ BRAZILLIAN JIA JITSU GRAPPLING MATCHES

Saturday, August 17 @ IRC Fairgrounds

- Saturday, 8:00am-7:00pm. Cost \$20.
 - > All ages welcome!
 - > Fuji Bjj presents the Port Lucie Summer Championship!
 - > For more information visit fujibjj.com.

TRIATHLON SWIM CLINIC

Sunday, August 25-December 1 @ Gifford Aquatic Center

- Times vary. FREE!
 - ➤ Ages 6-13.
 - Join us for this exciting free swim clinic open to participants registered for the Rotary of Vero Beach 2nd Annual Kids Triathlon. Swim level evaluations will be held Sunday, August 18 at 2:30pm.
 - ➢ For more information call 772-226-1175.

100 MILE SWIMCLUB

Daily @ North County and Gifford Aquatic Centers

- > All ages are welcome.
- Get started by setting a personal goal, whether you want to swim 5 miles or 500. Sign up all year long by visiting our aquatics desk. Annual membership \$10.00 for local tracking, (laps swam at North County or Gifford Aquatics pool) or 15.00 for Global tracking, (laps swam anywhere) valid January-December.
- All participants reaching the 100 miles will receive a yearly certificate indicating the total miles swam and be invited to the end of the year potluck and recognition ceremony.
- Swimmers who swim 100 miles at North County and Gifford Aquatic Centers, within the year, will receive an exclusive 100 Mile Swim Club T-shirt.

ADULT OPEN GYM BASKETBALL

Tuesday and Thursday @ iG Center

- 8:30am-12:00pm. Cost \$3.
 - Adults 18 & older.
 - Time where the gymnasium is available to adults to practice skills, shoot hoops, and play pickup games.
 - > Call 772-226-1780 for more information and to confirm open gym dates.

AQUAFIT

Tuesday and Thursday @ North County Aquatic Center

- 9:30am-10:30am. Cost \$4 (or 8 class pass \$28).
 - > All ages are welcome.
 - Move along to music as you perform instructor-guided moves designed to improve cardiovascular function, increase core strength, develop better, and burn calories. Let's make the water work for you. Flotation belts and water barbells are available at no charge.
 - For more information, contact the North County Aquatic Center 772-226-1752.

ARCHERY 101

Last Sunday @ IRC Shooting Range

- 9:00am-11:00am. Cost \$60.
 - Archery 101 is an introduction to archery. Upon completion of the course, you will have a basic understanding of Archery and an increased sense of confidence heading out to the Archery Range or wooded Archery Course.
 - Contact us at 772-226-3096 for more information or register online at www.indianriver.gov/parksandrecreation.

BOARD GAMES

Thursday @ iG Center

- 1:00pm-4:00pm. Cost \$1.
 - > Ages 18 & older.
 - > Join us for a fun-filled afternoon playing some of our favorite board games!
 - ➢ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

BRIDGE CLASS

Thursday @ iG Center

- 4:00pm-6:00pm. Cost \$3.
 - Ages 15 & older.
 - > This informal Bridge Class is designed for beginner to intermediate players.
 - ➢ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

CARDIO-BOXING

Thursday @ iG Center

- 6:00pm-7:00pm. Cost \$20 for a 6-week session or \$5 per class drop-in.
 - > Ages 13 & older.
 - Cardio-Boxing is a great way to tone up and improve coordination while burning calories! Emphasis is placed on cardiovascular movements and drills. This beginner friendly class provides an excellent work out for all fitness levels and modifications are available when needed. Please note there is no

sparing in this class, the boxing aspect includes: bag work, shadow boxing, foot work, and punching form. No Class 7/4. Instructor: Ben F.

For more information contact 772-226-1780 or register online today at www.indianriver.gov/parksandrecreation.

COLORING & COFFEE

Tuesday @ iG Center

- 9:00am-10:00am. Cost \$1.
 - > Ages 18 & older.
 - Looking for a way to unwind and reduce stress? Join us for a morning of relaxation through coloring. Materials provided.
 - ➢ For more information call 772-226-1780.

COUNTRY LINE DANCING

Tuesday @ iG Center

- 6:30pm-7:30pm. Cost \$3.
 - > Ages 14 & older.
 - > Join us for a fun evening of Country Line Dancing! Instruction and lessons provided.
 - ➢ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

GENTLE CHAIR YOGA

Tuesday & Thursday @ iG Center

- Monday, 10:30am-11:30am; Tuesday and Thursday, 12:00pm-1:00pm. Cost \$5.
 - > All ages welcome!
 - Designed to improve flexibility and strengthen muscles while using a chair for support. Walk-ins welcome.
 - ➢ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

GIFFORD TENNIS: BABY BALLERS

Tuesday & Thursday @ Victor Hart Sr. Community Enhancement Park Tennis Courts

- 4:45-5:45pm & 5:45-6:45pm. FREE!
 - > Ages 6-10.
 - Are you ready to ball? We know that tennis can be a little complicated but with the help of our well-trained volunteer staff our Baby Ballers will have the chance to learn just how exciting tennis is! This program will teach the fundamentals of tennis including maintaining a rally, proper positioning, score keeping, and more!
 - > For more information call 772-226-1780 or register at www.indianriver.gov/parksandrecreation.

HANDGUN 101

Last Sunday @ IRC Shooting Range

- 9:00am-2:00pm. Cost \$100.
 - Handgun 101 is a complete guide to understanding the basics of firearm ownership, safety, nomenclature and how it applies to self-defense. This course is taught by an NRA Certified Instructor. Upon successful completion participants will receive a training certificate that may be submitted to the State of Florida as proof of training if applying for a CCWP.
 - Contact us at 772-226-3096 for more information or register online at www.indianriver.gov/parksandrecreation.

HEALTHIER YOU WEDNESDAYS

Third Wednesday, @ iG Center

- 11:00am-12:00pm. FREE!
 - > All ages welcome.
 - Join Nutrition Educator Amanda Trott to learn the importance of healthy food choices and how to live a healthier, more nutritious lifestyle.
 - ➢ For more information call 772-226-1780.

HOMESCHOOL PE

Tuesday @ iG Center

- 3:00pm-4:00pm. Cost \$3.
 - > Ages 4-10 years. Limited spots please register.
 - A great chance for children to exercise and make new friends. Teaching children valuable life skills such as teamwork, fairness, and good sportsmanship.
 - ➢ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

MAHJONG

Tuesday and Thursday @ iG Center

- 10:00am-1:00pm. Cost \$2.
 - > Ages 18 & older.
 - Tile sets are provided as you play in groups of 3-4. Please bring your own Mahjong card. For information regarding Mah Jongg instruction call 772-226-1780.
 - ➢ Go to www.indianriver.gov/parksandrecreation to register.

MAT PILATES

Tuesday and Thursday @ iG Center

- 9:15am-10:15am. Cost \$12.
 - > All ages welcome.
 - Exercises are structured using special equipment designed to improve strength, flexibility, posture and enhance mental awareness. Walk-ins welcome.
 - ▶ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

MUSIC BINGO

4th Thursday of the Month @ IRC Parks Office

- 2:00pm. FREE!
 - > Ages 55 & older.
 - Join us on the 4th Thursday of every month for Music Bingo, Bingo with a TWIST! Who sings it, Name that Tune, What's the name of the band, and more!
 - Contact us at 772-226-1780 for more information or register online at www.indianriver.gov/parksandrecreation.

OPEN GYM PICKLEBALL

Monday, Wednesday, and Friday @ iG Center

- 8:30am-11:30am and 12:00pm-3:00pm. Cost \$3.
- Monday-Friday @ iG Center
 - 12:00pm-3:00pm. Cost \$3.

Saturday @ iG Center

- 8:30-11:30pm. Cost \$3.
 - Pickleball is played in the gymnasium (6 courts) as either singles or doubles with a paddle and a plastic whiffle ball. Please bring your own equipment. Call 772-226-1780 for more information.

PARKOUR

Thursdays, June 13-July 25 @ iG Center

- 4:00pm-5:00pm. Cost \$20 for a 6-week session or \$5 per class drop-in.
 - ➢ Ages 8-12.
 - Move, run, jump, and roll. In this 6-week class participants will learn the basics of parkour and ways to maneuver around obstacles in a safe yet thrilling way. No class 7/4.
 - For more information contact 772-226-1780 or register online today at www.indianriver.gov/parksandrecreation.

PICKLEBALL CLASSES – WITH DEREK PRINCE

Monday (twice monthly, dates vary) @ iG Recreation Center

- 12:30pm-2:00pm. \$30 per class.
 - > Beginner Pickleball Levels I III / Pickleball Doubles Strategy / Intro to Pickleball.
 - ➢ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

PING PONG OPEN PLAY

Monday @ iG Center

- 5:30pm-8:30pm. Cost \$3.
 - Whether you're a beginner or seasoned pro it's the perfect way to improve your skills, meet new people, and have a blast! Mark your calendar and get ready to unleash your ping pong skills! No registration required!
 - ➢ For more info call us at 772-226-1780.

PRE-SCHOOL TUMBLING

Friday @ iG Center

- 2:30pm and 3:30pm. Cost \$20.
 - Preschool tumbling is a great start for ages 4-5. Children are taught basic tumbling skills such as forwards/backwards rolls, handstands, and cartwheels. Improve self-confidence, basic skills, strength, flexibility, and balance. Spaces are limited!
 - Space is limited, pre-registration is required. For upcoming session dates or to register visit www.indianriver.gov/parksandrecreation or call 772-226-1780.

QI GONG

Tuesday @ iG Center

- 10:00am-11:00am. Cost \$12.
 - No special clothing or equipment required. Stand or sit. Walk-ins welcome. Leave refreshed, relaxed, and joyful.
 - ➢ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

SENIOR WELLNESS: AEROBICS AND WEIGHTS

Monday, Wednesday, and Friday @ iG Center-Sponsored by the Florida Blue Foundation

• 8:45am-9:45am and 10:00am-11:00am. FREE!

Tuesday @ Wabasso Community Center Sponsored by the Florida Blue Foundation

- 7:00am-8:00am. FREE!
 - Special programming for our 55+ community to have social interaction and light exercise activity. Activities can be adapted to ability levels and interests. Walk-ins welcome.
 - ➢ For more information call 772-226-1780.

SENIOR WELLNESS: EXERCISE BINGO

Wednesdays @ Department of Health-Wabasso Site-Sponsored by the Florida Blue Foundation

- 10:30am-11:30am. FREE!
 - > Ages 55 & older.
 - Get fit and have fun with Exercise Bingo! This summer program is geared for adults ages 55 & older, to improve their health and wellbeing, while enjoying a game of bingo. Participants will engage in simple movement exercises while seated to help increase strength, balance and range of motion. Exercise Bingo is a fun way to increase physical activity and exercise the mind.
 - For more information call 772-226-1780 or register online at www.indianriver.gov/parksandrecreation.

SENIOR WELLNESS: OFF YOUR ROCKER

Fridays @ Gifford Aquatic Center

Mondays @ Dept. of Health Wabasso Site-Sponsored by the Florida Blue Foundation

- 10:30am-11:30am. FREE!
 - > Ages 55 & older.
 - Get up off your rocker and head to Chrissy's low impact exercise class! If you aren't crazy about exercising this is the perfect class for you. Enjoy light movement exercises set to music with a few dance moves mixed in!
 - ▶ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

SENIOR WELLNESS: ON THE MOVE

Thursdays @ IRC Parks Office-Sponsored by the Florida Blue Foundation

- 9:30am-10:30am. FREE!
 - > Ages 55 & older.
 - Move it or lose it! This low impact exercise class is meant to get your blood flowing and increase movement while setting your own pace. Walk-ins welcome. The Parks Office is located at 5500 77th Street.
 - ▶ For more information call us at 772-226-1780.

SENIOR WELLNESS: ROCK AND ROLL CARDIO

Thursday @ Wabasso Community Center-Sponsored by the Florida Blue Foundation

• 7:00am-8:00am. FREE!

Thursday @ iG Center Sponsored by the Florida Blue Foundation

- 10:30am-11:30am. FREE!
 - Like our regular Senior Wellness Program for 55 & older but with fun dancing music to spice it up a notch. Walk-ins welcome.
 - ➢ For more information call 772-226-1780.

SENIOR WELLNESS: UPBEAT BOXING

Tuesday and Thursday @ iG Center-Sponsored by the Florida Blue Foundation

- 3:00pm-4:00pm. FREE!
 - Boxing fitness class geared for ages 55 +. Held twice a week to get you out, active and UP-BEAT! Walk-ins welcome.
 - ➢ For more information call 772-226-1780.

SENIOR WELLNESS: WALK IN THE PARK

Wednesday @ Kiwanis Hobart Park-Sponsored by the Florida Blue Foundation

- 9:00am-9:45am. FREE!
 - Join us for a stress-free walk among the trees and nature at Kiwanis Hobart Park. Participants will enjoy walking the perimeter trail while getting exercise. Be sure to wear light clothing and bring water.
 - > Call 772-226-1780 for more information or just show up.

STRETCH & FLEX

Monday, Tuesday, and Thursday @ iG Center

- 9:15am-10:15am. Cost \$5.
 - > Great cardiovascular workout set to music. Helps build endurance and strengthens the heart.
 - ➤ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.

SWIM LESSONS

Private and group swimming lessons are available throughout the summer months.

- Cost \$80 per person for four 25-minute lessons.
- \$40 per person per session for group lessons.
 - Scholarships are available for those who qualify.
 - For information, call the North County Aquatic Center at772-226-1752 or the Gifford Aquatic Center at 772-226-1175.

THURSDAY NIGHT LIGHTS

Thursday @ IRC Shooting Range

- 5:00pm-9:00pm.
 - > We light up the fields for a fun skeet-trap night activity. No registration required.
 - ➢ For more information call 772-226-3096.

VETERANS YOGA PROJECT-MINDFUL RESILIENCE

Wednesday @ iG Center

- 2:00pm-3:00pm. FREE!
 - > Led by Certified Yoga Alliance Trainer Danielle Martinez.
 - Class is open to active and retired military, first responders, their families, caregivers, and anyone looking to support veterans.
 - Call 772-226-1780 for more information.

YOGA-LATES

Tuesday and Thursday @ iG Center

- 10:30am-11:30am. Cost \$8.
 - Mix between Yoga and Pilates. Walk-ins welcome.
 - ➢ Go to www.indianriver.gov/parksandrecreation to register or call 772-226-1780.