

INDIAN RIVER OCUNTY, FLORIDA  
MEMORANDUM

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**TO:** Honorable Emergency Services District Board of Commissioners

**THROUGH:** Michael C. Zito, Interim County Administrator  
David Johnson, Director, Department of Emergency Services

**FROM:** David Rattray, Fire Chief

**DATE:** February 17, 2023

**SUBJECT:** Waiver of Requirement for Bids for Annual Physical Exams

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**BACKGROUND:**

Public Safety Physical exams are required to be provided to first responders annually. In the past, the Fire Rescue Division has piggybacked a Lake County agreement with Life Extension Clinics, Inc., DBA Life Scan Wellness Centers. The Division has received a quote for the physicals, at a much lower rate than the Lake County agreement pricing.

**DISCUSSION:**

The base price quoted for the physicals, which include laboratory tests, ultrasound screenings for early detection of heart disease and cancer, cardiopulmonary testing, and fitness evaluation is \$426. The base price on the Lake County contract is \$732.

Additional tests may be required, as needed, per individual first responder, at the following costs, per the quote:

<i>Public Safety Annual Physical</i>	<i>\$426</i>
OSHA Respirator Mask Fit Testing	\$ 57
Drug Screen	\$ 57
Phlebotomist (Blood Draw) Fee	\$ 26
Medical Review Officer review	\$132

The total of all potential necessary costs on the quote (\$698) is below the cost of just the basic physical (\$732) on the Lake County agreement.

Utilizing the pricing in the Lake County agreement would not require Board authorization, however acceptance of the much lower, non-contract pricing provided on the quote does require Board approval. Staff has not been able to find a related cooperative or piggyback agreement with better pricing than the Lake County agreement, and would like to request the Board waive the requirement for bids.

**FUNDING**

Costs for the physicals will be paid from 11412022-033120, with \$247,580 currently available.

**RECOMMENDATION**

Staff recommends the Board waive the requirement for bids and authorize the Purchasing Division to issue a purchase order in the amount of \$209,400.00 to Life Extension Clinics, Inc., DBA Life Scan Wellness Centers.

**ATTACHMENTS:**

LifeScan Quote dated January 19, 2023