

<b>LIFE SCAN PUBLIC SAFETY PHYSICAL EXAM 2023</b>	
<b>PRICE QUOTE: Indian River Fire Department</b>	
Indian River, Fl	
Jennifer Pridgeon	
January 19, 2023 Number of Firefighters:TBD	
<b>Public Safety Annual Physical</b>	
Medical & Occupational/Environmental Questionnaire	Included
Comprehensive Hands-On Physical Exam	Included
Vital Signs: Height, Weight, Blood Pressure, Pulse	Included
Sleep Disorder Evaluation, Epworth Sleep Scale	Included
Back Health Evaluation	Included
Urinalysis	Included
Audiogram	Included
Titmus Occupational Vision with Peripheral, Depth Perception, and Color	Included
Breast Exam with Self-Exam education	Included
Personal Consultation with review of testing results	Included
<b>Laboratory Tests:</b>	
Comprehensive Metabolic Panel, Blood Chemistry	Included
Complete Blood Count, Hematology Panel	Included
Hemoccult Stool Test for Colon Cancer Screening	Included
Total Lipid Panel	Included
Thyroid Test TSH	Included
Glucose	Included
Hemoglobin A1C	Included
PSA (Prostate cancer marker, Men)	Included
Testosterone (Men)	Included
<b>Ultrasound Screenings (Early Detection of Heart Disease and Cancer):</b>	
Echocardiogram (Heart Ultrasound)	Included
Carotid Arteries Ultrasound	Included
Aorta and Aortic Valve Ultrasounds	Included
Liver Ultrasound	Included
Gall Bladder Ultrasound	Included
Kidneys Ultrasound	Included
Spleen Ultrasound	Included
Bladder Ultrasound	Included
Thyroid Ultrasound	Included
Prostate Ultrasound	Included
Testicular Ultrasound	Included
Ovaries and Uterus Ultrasounds	Included
<b>Cardiopulmonary Testing</b>	
Cardiac Stress Test (Treadmill with 12 lead, sub-maximal, Bruce Protocol)	Included
EKG, 12 Lead	Included
Spirometry, PFT Lung Capacity	Included
OSHA Respirator Medical Clearance	Included
<b>Fitness Evaluations per NFPA 1583~IAFF/IAFC Wellness Fitness Initiative:</b>	
Fitness tests for muscular strength & endurance	Included
Sit and Reach, Planking, Grip Strength,	Included
Sit Up Test, Wall Sit, Flexibility	Included
VO2 Max Calc for Aerobic Capacity	Included
Body Weight and Composition	Included
Personal Fitness Rx	Included
Personal Wellness Plan with recommendations	Included
<b>LIFE SCAN PUBLIC SAFETY PHYSICAL EXAM 2023 TOTAL COST</b>	<b>\$426.00</b>

	Line-Item COST
<b><i>OTHER Tests Available:</i></b>	
Chest X-Ray, 2 view with radiologist review	\$91.00
Lumbar X-Ray, 2 view with radiologist review	\$91.00
Hazmat Cholinestrese	\$91.00
Hazmat Heavy Metals	\$91.00
Hepatitis A Screening Test	\$65.00
Hepatitis A Titer	\$44.00
Hepatitis B Screening Test	\$72.00
Hepatitis B Titer	\$40.00
Hepatitis C Screening Test	\$65.00
HIV Test, Gen 4	\$37.00
PPD TB Skin Test	\$37.00
QuantiFeron TB Blood Test	\$87.00
Tdap (Tetanus, Diphtheria, Pertussis) Titer	\$37.00
MMR Booster	\$97.00
MMR Titer	\$97.00
Varicella Titer	\$144.00
Polio Booster	\$37.00
Polio Titer	\$71.00
OSHA Respirator Mask Fit Testing (Portacount)	\$57.00
Drug Screen, I CUP	\$57.00
Drug Rescreen with confirmation	\$65.00
Medical Review Officer (MRO) as indicated/secondary review	\$132.00
Phlebotomist (Blood Draw) Fee	\$26.00

Pricing effective through 2023 subject to annual consumer index increase.

**45 Minimum Appointments**