

INDIAN RIVER COUNTY, FLORIDA  
M E M O R A N D U M

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**TO:** Honorable Board of County Commissioners

**THROUGH:** John A. Titkanich, Jr., County Administrator

**THROUGH:** David Johnson, Director of Emergency Services

**FROM:** David Kiernan, Assistant Fire Chief  
Department of Emergency Services

**DATE:** November 21, 2023

**SUBJECT:** Waiver of Requirement for Bids for Annual Physical Exams

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It is respectfully requested that the information contained herein be given formal consideration by the District Board of Commissioners at the next scheduled meeting.

**BACKGROUND:**

Public Safety Physical exams are required to be provided to first responders annually. This year, The Fire Rescue Division has piggybacked on the Tampa Bay PD agreement with Life Extension Clinics, Inc., DBA Life Scan Wellness Centers. The Division has received a quote for the physicals, at a much lower rate than the Tampa Bay PD agreement pricing.

**DISCUSSION:**

The base price quoted for the physicals, which includes: laboratory tests, ultrasound screenings for early detection of heart disease and cancer, cardiopulmonary testing, and fitness evaluation is \$476.00 per first responder. For comparison, the base price on the Tampa Bay PD contract is \$645.00 per first responder.

Additional tests may be required, as needed, per individual first responder, at the following costs, per the quote, which could potentially bring some costs to \$831.00 per first responder:

Public Safety Annual Physical	\$ 476.00
OSHA Respirator Mask Fit Testing	\$ 57.00
Drug Screen	\$ 45.00
Phlebotomist (Blood Draw) Fee	\$ 26.00
HazMat Team Heavy Metals Blood Draw (26 personnel)	\$ 85.00
Medical Review Officer Review	\$ 142.00
<b>Total (Maximum)</b>	<b>\$ 831.00</b>

Utilizing the pricing in the Tampa Bay PD agreement would not require Board authorization, however, acceptance of the much lower, non-contract pricing provided on the quote does require Board approval. Staff has not been able to find a related cooperative or piggybank agreement with better pricing than the Tampa Bay PD Agreement, and would like to request the Board waive the requirement for bids.

Total costs, department wide, are estimated to be \$200,495.00 for the fiscal year.

**FUNDING:**

The costs for the physicals, in the amount of \$200,495.00, are budgeted and available in the Emergency Services District/Fire Rescue/Medical Services account, number 11412022-033120.

<b>Account Description</b>	<b>Account Number</b>	<b>Amount</b>
Emergency Services District/Fire Rescue/Medical Services	11412022-033120	\$200,495.00

**RECOMMENDATION:**

Staff recommends the Board waive the requirement for bids and authorize the Purchasing Division to issue a purchase order in the amount of \$200,495.00 to Life Extension Clinics, Inc., DBA Life Scan Wellness Centers.

**ATTACHMENTS:**

- LifeScan Wellness Center 2024 Quote
- Life Extension clinics, Inc. - Attachment F- Fee Schedule for Tampa Bay PD