

# Indian River County Venue Event Calendar

For more information go to www.ircgov.com - Event Calendar

#### Julian Wingate's Big Bore Challenge

Aug 27 @ IRC Shooting Range--10045 102nd Terrace, Sebastian, FL 32958

- 9am-4pm. Cost \$35 per person. Tickets sold at Alpha Guns and Ammo
  - In memory of IRC Shooting Range employee Julian Wingate. Contestants have the chance to win a \$1000 revolver.

#### Youth Flag Football Season

Season Starts Sept. 17-Nov. 5

- Ages 4-14. Monday, Wednesday, and Saturdays @ Dick Bird (South County) Regional Park
  - This is a Co-Ed Flag Football program that is designed to teach the basic fundamentals of football, teamwork, and good sportsmanship.

# Family Time Puzzle Challenge

Sept 21 @ North IRC Library

- 6pm-7pm. Free Event!
  - Fun for the entire family! Make a team of up to 5 people to compete against others and the clock to complete a 500-piece puzzle to win a prize! Sponsored by the friends of the North IRC Library.

#### Vero Beach Gun Show

Sept 24-25 @ IRC Fairgrounds • 7955 58<sup>th</sup> Avenue

- SAT 9am-5pm and SUN 10am-4pm. Admission \$8
  - Buy, sell, and trade guns/related items.

#### Plant-Based-Vegetarian Cooking with Chef Warren Caterson

Sept 27 @ Brackett Library

• 6pm-7pm. Free Event!

Warren Caterson is a chef and full-time writer who studied at the Southeast Institute of Culinary Arts. He is the award-winning author of "Table for Two - The Cookbook for Couples," "Table for Two - Back for Seconds," and "Cooking Outside the Lines - Musings of an Extemporaneous Chef."

# NOW OFFERING! Zumba

Mondays @ iG Center

- 9:30am-10:30am. Classes \$10 Per Person.
  - Join Brazilian native, Miwana Sargent, on an exhilarating, easy to follow, Latin inspired, calorie burning experience! Miwana's class offers a variety of rhythms from Latin, Soca, and Hip-Hop

# NEW CLASSES! Pre-school Tumbling

Mondays and Fridays @ iG Center

- Monday 1:15pm-1:45pm and Friday 10:15am-10:45am. \$3 per session. 7 spots available per class.
  - Preschool tumbling is a great start for ages 4-5. Get active while having fun! In this program children ages 4-5 are taught basic tumbling skills such as forwards/backwards rolls, handstands, and cartwheels. Children will improve self-confidence, basic skills, strength, flexibility and balance. Spaces are limited sign up quickly!

# SAVE THE DATE! State Florida Swimming Special Olympics

Oct. 1 & 2 @ North County Aquatic Center & iG Center

Save the Date for October 1<sup>st</sup> and 2<sup>nd</sup> for the annual Special Olympics! Volunteers wanted! For more information go to: www.specialolympicsflorida.org/events Competition venue: North County Aquatics Center 9450 County Road 512, Sebastian, FL 32958 Ceremony Venue: Intergenerational Recreation Center, 1590 9<sup>th</sup> Street, SW, Vero Beach, FL 32962