



Indian River County Venue Event Calendar – March 2023

For more www.ircgov.com

EXTREME SURVIVAL

Tuesday, March 7 @ North County Library

- 2:00pm-3:00pm. FREE
 - New York Times best selling author Michael J. Tougias presents a narrated slide presentation for his newest book, Extreme Survival: Lessons from those who triumphed against all odds.
 - For more information call 772-400-6360 or go to libraries.ircgov.com.
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YOUTH CO-ED BASEBALL

Registration closes March 12. Cost \$45

- T-ball, coach pitch and kid pitch
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.
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VOLUNTEER CLEAN-UP AT HALLSTROM FARMSTEAD CONSERVATION AREA

March 11 @ Hallstrom Farmstead Conservation Area

- 9:00am-12:00pm. FREE
 - In preparation for the opening of this wonderful Conservation Area we are having a volunteer clean-up day. Supplies will be provided.
 - For more information call 772-226-1772 or go to ircgov.com/Departments/General_Services/Parks/Conservation/Hallstrom_Farmstead.
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PICKLEBALL FOR TEENS OPEN GYM

March 11, 18 and 25 @ iG Center

- 5pm-8pm. FREE
 - Community sponsors are generously underwriting the open gym fee for each participant. Come for a fun night to learn and play pickleball. Equipment provided.
 - Call 772-226-1780 for more information or go to ircgov.com/ParksandRecreation.
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FIREFIGHTERS FAIR

March 11-19 @ IRC Fairgrounds

- Indian River County Firefighters Fair will be celebrating a long history of uncovering smiles, laughter and community spirit. Exciting performances, food, exhibits and great entertainment.
- For more information go to firefightersfair.org.

FOLK SONGS OF FLORIDA

Tuesday, March 14 @ North County Library

- 6:00pm-7:00pm. FREE
 - Bob Lusk entertains us with a variety of historical and regional folk songs of Florida.
 - For more information call 772-400-6360 or go to libraries.ircgov.com

CHILDREN'S ST. PATRICK'S DAY PARTY

Thursday, March 16 @ Main Library

- 6:00pm-7:00pm. FREE
 - Join us for St. Patrick's Day themed games, craft and activities. Ages 5-12. Registration is not required.
 - For more information call 772-400-6318 or go to libraries.ircgov.com.

JOE CARROLL DEDICATION AT WABASSO SCRUB CONSERVATION AREA

Friday, March 17 @ West Wabasso Park

- 10:00am. FREE
 - Ribbon cutting and dedication ceremony of the new wetland overlook.
 - For more information call 772-226-1780.

SENIOR EXPO

Thursday, March 23 @ IRC Fairgrounds

- 9:00am-2:00pm. FREE
 - Discover the many options for seniors in Indian River County, from healthcare to cultural events.
 - Speakers, food trucks, free parking and shuttle service.
 - For more information go to seniorservicesirc.org.

COMMUNITY DRUM CIRCLE WITH TREASURE COAST PERCUSSION

Wednesday, March 29 @ Brackett Library

- 6:00pm-7:00pm. FREE
 - No experience necessary. All ages welcome. Drums will be provided or you can bring your own.
 - For more information call 772-400-6366 or go to libraries.ircgov.com.

CRAFT SUPPLY SWAP

Friday, March 31 @ Brackett Library

- 12:00pm-3:00pm. FREE
 - Bring and take a new craft. Items for the swap may be dropped off at the Brackett Library beginning March 1st. Only items that are in good condition.
 - Early bird tickets will be given to people who bring items for the swap.
 - For more information call 772-400-6366 or go to libraries.ircgov.com.

ADULT BASKETBALL SPRING LEAGUE

- Registration closes April 12. Cost \$475 per team.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.
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ADULT OPEN GYM BASKETBALL

Mon and Wed @ iG Center

- 4pm-8:30pm. Cost \$6

Tues and Thurs @ iG Center

- 9am-2pm. Cost \$6
 - Unstructured activity time where the gymnasium is available to adults (18 and over) to practice skills, shoot hoops, and play pick-up games.
 - Call 772-226-1780 for more information or go to ircgov.com/ParksandRecreation.
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AQUAFIT

Tues, Wed and Thurs @ North County Aquatic Center

- 9:30am-10:30am. Cost \$4
 - Through low impact and high resistance power of the water, participants will improve cardiovascular capabilities, muscle tone, increase balance and improve general health.
 - Flotation belts and water barbells are available at no charge.
 - For more information call 772-226-1174 or go to ircgov.com/ParksandRecreation.
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COLORING & COFFEE

Tuesdays @ iG Center

- 9am-10am. Cost \$1
 - Looking for a way to unwind and reduce stress? Join us for a morning of relaxation through coloring. Materials provided.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.
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GENTLE CHAIR YOGA

Tues and Thurs @ iG Center

- 12pm-1pm. Cost \$5
 - Designed to improve flexibility and strengthen muscles while using a chair for support. Walk-ins welcome.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.
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HOMESCHOOL PE

Tuesdays @ iG Center

- 3pm-4pm. Cost \$3. Limited spots
 - A great chance for children between the ages of the 4-10 to exercise and make new friends.
 - Teaching children valuable life skills i.e. teamwork, fairness, and good sportsmanship.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

IRC STEEL CHALLENGE

Last Friday of every month @ IRC Shooting Range

- 9am. Cost \$21.40 includes standard pistol and rifle ranges.
 - Allows shooters to test their abilities on steel targets and practice their magazine reloads in the process. No registration required.
 - For more information call 772-226-3096.
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MAT PILATES

Tues and Thurs @ iG Center

- 9:15am-10:15am. Cost \$12
 - Exercises are structured using special equipment designed to improve strength, flexibility, posture and enhance mental awareness. Walk-ins welcome.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.
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OPEN PLAY PICKLEBALL

Mon, Wed and Fri @ iG Center

- 9am-12pm and 12:30pm-3:30pm. Cost \$3

Saturdays @ iG Center

- 9am-12pm. Cost \$3
 - Pickleball is played in the gymnasium (6 courts) as either singles or doubles with a paddle and a plastic whiffle ball. Please bring your own equipment.
 - Call 772-226-1780 for more information or go to ircgov.com/ParksandRecreation.
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PRE-SCHOOL TUMBLING

Fridays @ iG Center

- 10:15am, 1pm and 4pm. Cost \$3
 - Preschool tumbling is a great start for ages 4-5. Children are taught basic tumbling skills such as forwards/backwards rolls, handstands, and cartwheels.
 - They will also improve self-confidence, basic skills, strength, flexibility and balance. Spaces are limited sign up quickly!
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.
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RIMFIRE CHALLENGE

Last Saturday of every month @ IRC Shooting Range

- 9am. Cost \$12.60 standard range fee
 - Open to all levels of shooting enthusiasts. It can be for fun, personal improvement or in preparation for a competition. No registration required.
 - For more information call 772-226-3096.
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SHINE DANCE WITH CRYSTAL

Saturdays @ iG Center

- 9:30am-10:30am. Cost \$10
 - Full body cardio and toning workout based in traditional jazz, ballet and hip-hop.
 - Get ready to sweat, smile, shimmy and shake your worries away. Walk-ins welcome.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

SENIOR WELLNESS PROGRAM WITH SANDY

Mon, Wed and Fri @ iG Center

- 10am-11:30am. Free
 - Special programming for our 55+ community to have social interaction and light activity. Activities can be adapted to ability levels and interests. Walk-ins welcome.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.
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SENIOR WELLNESS – DANCING TO MUSIC

Thursdays @ iG Center

- 10:30am – 11:30am. Free
 - Similar to our regular Senior Wellness Program for 55 + but with fun dancing music to spice it up a notch. Walk-ins welcome.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.
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STRETCH & FLEX

Tues and Thurs @ iG Center

- 9:30am – 10:30am. Cost \$5
 - Great cardiovascular workout set to music. Helps build endurance and strengthens the heart. Walk-ins welcome.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.
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THURSDAY NIGHT LIGHTS

Thursdays @ IRC Shooting Range

- 5pm-9pm. Cost \$8 per round
 - We light up the fields for a fun skeet-trap night activity. No registration required.
 - For more information call 772-226-3096.
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UP BEAT BOXING

Tues and Thurs @ iG Center

- 3pm-4pm. FREE
 - Boxing fitness class geared for ages 55 +. Held twice a week to get you out, active and UP-BEAT! Walk-ins welcome.
 - For more information call 772-226-1780.
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YOGA LATES

Tues and Thurs @ iG Center

- 10:30am-11:30am. Cost \$5
 - Mix between Yoga and Pilates. Walk-ins welcome.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.

YOUTH OPEN GYM BASKETBALL

Tue and Thurs @ iG Center

- 4pm-8:30pm. Cost \$2

Saturdays @ iG Center

- 1pm-4pm. Cost \$2
 - Unstructured activity time where the gymnasium is available to adults (17 and under) to practice skills, shoot hoops, and play pick-up games.
 - Call 772-226-1780 for more information or go to ircgov.com/ParksandRecreation.
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ZUMBA

Thursdays @ iG Center

- 6pm-7pm. Cost \$10
 - Join us for a full body workout that combines all elements of fitness, muscle conditioning, balance and flexibility. The perfect energy booster.
 - For more information call 772-226-1780 or register online at ircgov.com/ParksandRecreation.
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MOMMY SON DANCE

- Saturday, May 13
 - SAVE THE DATE